

Research Article

Social Support for Wives in Advanced Studies

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Abstract: This study Aimed to analyze social support on the wife who studies the master. The approach employed in this study was qualitative phenomenological. Samples in this study as many as two respondents, female students master, career woman, and married. In addition, there were secondary informants that come from the husband, classmates, and coworkers subject. There are six secondary informants this research. Data were collected used interviews and observation. Forms interviews used in this study are free guided using interviews and participant observation. The validity of the Data in this study using triangulation of sources and methods. The study found that two subjects in the lead role as a wife, staff, and students were Able to run third that role with the help of others. But despite the help of others,

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INTRODUCTION

In Indonesia, can now be seen how women increasingly play a role in all dimensions of life, not just as a wife or a mother who only do the housekeeping, but women have participated in every aspect of community life and even business leaders and heads of state so that education the need to support the role. Central Statistic Agency (BPS) in 2012 showed the number of women who go to college from year to year increases is as much as 6.13% in 2009 and 6.62% in 2012 (<http://www.bps.go.id>).

Women with ripe age go to college back to college enrollment remains high and continue to grow for the resumption of intellectual curiosity, employment opportunities and enhance work skills (Hoy, and Milner, 2003). Similarly, as disclosed (Wahyuningrum, 2012) that the school is part of the goal of women in building a career in the future and be required to produce optimal performance.

The success of optimal performance in college, of course, have to pass through many obstacles such as student self itself or factors outside the student (Wood and Bandura, 1989). Ferrari (Usher, 2011) argues many factors underlying the individual performing the delay in completing the work that external factors of environmental conditions based outcomes and environments latent and internal factors include physical conditions such as medical history owned or disease has ever experienced and psychological condition such individual aspects of personality you have.

In addition to the above obstacles, challenges for women who are married for success in college is a division of roles that must be followed. Women have a very dominant function in such a family where the child's personal growth exemplary mother affects the child (Elbaz, 1981). Dominasi function role of women in the family to make a woman can not rule out a family affair. Problems will arise when the time for families but is used to complete the course work or the time for families but is used to complete office work and sometimes appears demotivation within that requires motivation, one support from their social environment.

Social support by Sarason (Kumalasari & Ahyani, 2012) that the presence, willingness, awareness of people who are reliable, appreciate, cherish. Sarafino (2011) suggested that social support is a comfort, attention, appreciation, and support perceived by the individual who receives from the person or group of people. When someone is supported by the environment then everything will be easier. Received social support can make people feel calm, cared for, loved, arises a sense of confidence and competence (Usfuriyah, 2014).

As for the aspects of social support by House (Smet, 1994) is the emotional support, esteem support, instrumental support and information support. Therefore, the involvement of the husband since the beginning of college is bound to simplify and lighten the couple. Even with the participation of the husband in this period is a success wife in college who did not escape the attention of a husband. This is reinforced by the results of research conducted by (Aini, et al., 2014) which revealed that mothers who received social support provision husband Senori working area health centers mostly in the good category 63,6% then give good support can boost confidence, comfort, and experience success. Besides her husband, support is no less important is the support of co-workers and classmates (Maslihah, 2013). Gottlieb (Smet, 1994), suggesting that social support has a benefit emotional or behavioral effects for the recipient. It is interesting for researchers to examine the social support and the impact felt by nursing mothers from her husband, so the researchers wanted to know how the form of social support on the wife that further studies.

METHOD

This study uses qualitative research with a phenomenological approach. Denzin and Lincoln (in Moleong, 2004: 5) states that qualitative research is research that uses the natural background, with the intention of interpreting phenomena and done by involving a variety of methods. In general phenomenological psychological research aims to clarify the situation experienced in the everyday life of a (Moustakas, 1994). Phenomenology is not trying to reduce a phenomenon in which a simple figure below the

identified variables and control the context in which the phenomenon is going to study (Smith, 2008: 52).

Location of the research conducted in the respondent's house. The population in this study were female students S2, amounting to two people, working, married, and is undergoing S2. Sample education in this study were two subjects with pre-determined criteria. Researchers also use multiple data sources support that comes from the husband, classmates, and coworkers subject. Supporter informant in this study were 6 people consisting of two husbands, two co-workers, and two classmates.

Data collection used interview and observation. The shape of the interview was used in this study were free interviews guided that are using the interview guides were prepared before asking questions, and lists the main points that will be asked and developed according to the research problem, so the information is explored in depth or to the maximum in accordance with the purposes of the study (Poerwandari, 2007). Observations in this study using participant observation, where in the study, the researchers directly involved in the activities of the subject, but not in his daily life (Rahayu and Ardani, 2004). In this study the implementation of the observation when the subject is an interview.

The design of this study are as follows:

preparation Research

Phase conducted by researchers prior to conducting the study are:

a. **Drafting Research**

The drafting of the study was made before conducting the research, the topics discussed were asocial support to the wives of further studies, the qualitative research methods. Qualitative research is research to further explore the subject or, and deepening of the subject information by interviewing the subject and the subject informant, and they observed the subject.

b. **Determining Research Subjects**

The selected research subject is a woman, namely S2 students who have a family and work.

c. **Minding Licensing**

Before conducting licensing research is needed to facilitate this research, by taking care of licensing at the Faculty of Psychology, then after that, the researchers may conduct research.

d. **Determining Research Subjects**

After obtaining permission to conduct the study, researchers find potential subjects who will be the criteria in this study, and before becoming the subject of prospective subjects were given a letter of agreement in the willingness to become a subject.

e. **Doing Approach on subject**

After determining the subject of research needs to be held approach to the subject, by conducting preliminary interviews, observing that in extracting information to the subject more freely and more familiar.

f. **Determining and Preparing Informants**

The informant was the closest subject, namely those who are in the daily subject. Informants should be prepared for more dig for information about the subject.

g. **Preparing Research Equipment**

Very important scientific equipment used in the research process and the smooth running of research preparation, equipment used in the form of a tape recorder, and stationery.

h. **Develop interview guide that will be used in research**

Structured interview guides in order to facilitate the digging up information or ask for information you want to know the researcher to the research subjects and informants research, preparation of interview guidelines based on aspects that will be investigated.

implementation Research

Data collection used interview and observation. The subjects used in this study was the wife who has worked and is further studies.

Collecting data in this study using interviews, with this method occurs verbal communication aimed at obtaining information. The method used hereinafter is a method of nonparticipant observation that the researcher not involved with everyday activities

of people who are being observed or used as a source of research data.

Methods of data analysis used the process goes as follows:

1. Noting that produces a record field, with it coded so that the source data is still able to walk.
2. Collect, sort, classify, synthesize, make efforts and create the index.
3. Think, by the way, make the categories of data that has to mean, search for and find patterns and relationships, and make the findings public.

The validity of the data in this study using triangulation of sources and methods, there are two strategies, namely checking the degree of confidence discovery research results of several techniques of data collection and checking of the degree of confidence multiple data sources with the same method (Bungin, 2003).

RESULT AND DISCUSSION

The psychological dynamics of social support on the wife that further studies are a series of the attitude of the wife to maintain life, control any events that suppress and attempt to turn every problem in life is a challenge that must be solved in carrying out their roles and responsibilities as a wife who is undergoing further study. Sarason (2007) stated that social support as a condition beneficial for individuals obtained from others who can be trusted so that people become aware that other people noticed, appreciated, and loved him. As for the psychological dynamics of social support to the wives of further studies, it can be seen from the results of interviews and observations below:

Based on interviews and observations that have been implemented on a wife who study the subject further and supporters showed that social support on the wife who studies the subject further formed after running a variety of roles in her the wife at home, in the office workers, and students. Develops later in life when it became a wife who underwent further studies. The psychological dynamics of social support on the wife that further studies appear in four aspects, namely: (a) emotional support, (b) Dukungs awards, (c) Support

instrumental, (d) Support informative. Here is presented each of these aspects.

Emotional support

The boost given to the wife who underwent further studies on the positive attitude of support gave the wife who underwent intensity of most use certain techniques to entertain the subject. Emotional support is widely shared by the husband of the subject. Great emotional support from the husband made the subject of a second can lead to good actions. The emotional support provided by the husband of the subject.

Support award

Developed confidence and encouragement given by others on the subject to the subject became more supported in carrying out any activities. Support award is given by the husband many subjects. Advanced encouragement or approval with ideas or feelings of individuals make the subject both can live with good activity. The awards support given by the husband of the subject.

Instrumental Support

Aid received subject of the greatest assistance from husband psychologically and physically, assistance in finding a college friend of duty material, mother-in-home assistance, assistance from staff at the office. Direct aid received most of her subjects is to replace the role of the subject, in addition to friends and coworkers also help ease the task of the subject.

Support informative

Provision of advice and information that the subject received the husband whose understanding and always giving advice, a friend who was always encouraging and solutions, aco-worker who always gave information, a college friend who gave a lecture information. The informative support, the subject received from her husband. Which subjects receive assistance can make the subject grew convinced by what it chooses. The informative assistance which subjects receive comes from the husband of the subject.

Spiritual Support

Spiritual subjects have made the subject is able to survive. Subject churchgoers

and spiritual subjects have made the subject is able to do its job.

The influence of the support of others on the subject

The influence of the support of others on the subject that is the subject helped by the mother-in-law, staff, and fellow student, the subject is able to achieve success because it is supported by her husband, friends, and coworkers, and satisfaction of the subject would help her husband, friends, and colleagues.

Gottlieb (in Azizah, 2011: 97) explains that social support as information verbal or nonverbal, advice, assistance actual or behavior by a person familiar with the individual in a social environment or in the form of presence and the things that give emotional benefit or effect on the behavior of the recipient. In this case, the support of people who feel socially, emotionally relieved to note, got advice or a pleasant impression on him.

In this study the form of emotional support that is the belief of others on the subject, and the attention that the subject received, the support of the award that is other people's beliefs in the ability of the subject and the views of others against the attitude of the subject, instrumental support which help the task of others and support the role of the another, and support information, namely the provision of advice from others help information about the task. Emotional support, respect, instrumental, and the largest informative subject received from the husband of the subject. The results of this study also explained that influence the success of the subjects in the study continued that 'intellectual, professional attitude, time management. In addition to these aspects,

CONCLUSION

The psychological dynamics of social support on the wife that further studies due to the many roles that must be carried out, starting from the phase of emotional support, this phase of expression of affection, trust, attention, and feeling listened to, the next phase is the support of the award, in this phase of appreciation positive for individuals, encouragement or approval ahead with ideas or

feelings of the individual, and the individual positive comparison with other individuals, while the third phase is instrumental support, in this phase of the direct aid, it can be the form of services, time or money. The next phase is informative support, at this stage provision of advice, guidance, advice, information.

In this study, it is found that in carrying out its role as a wife, staff, and students were able to run third that role with the help of others. But despite the help of others, this study provides new findings that the success of subjects affected their spiritual support that makes the subject able to survive made the subject is able to do its job.

The advice given based on the results of this research is the subject of duty still reaping the difficulties and obstacles. It is expected to have a good self-management, with not too dependent on others. The family is expected to know, understand, and always gives support to wives who are further studies. For Colleagues and Friends of the subject is not exhausted companions are expected to support the subject, and as a partner to assist the subject. For College, Friends are expected to support a subject by providing information about the study and to understand each other and help each other,

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