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# Efforts of Guidance Counseling Teachers in Handling Students: High School Level

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#### ABSTRACT

**Background.** The title of the guidance and counseling teacher's efforts in dealing with delinquency of class XI students at SMAN 1 Batur, Batur District, Banjarnegara Regency, in this study has an educational background that is closely related to strong character.

**Purpose.** While development in Indonesia is carried out as a whole, which requires quality human resources, various efforts to form the nation's personality, especially in the younger generation.

**Method.** While the data analysis technique used interactive analysis, with the stages of data collection, data editing, and data presentation.

**Results.** One of the efforts to increase quality resources is through education. However, every educational process, especially tackling delinquency, has obstacles and obstacles, which occur at SMAN 1 Batur, especially class XI, this research has a goal. 1) find out the efforts of the counseling teacher in dealing with student delinquency; 2) know the method used.

**Conclusion**. It was proved by the calculation of N-gain of 0,76 with category

#### KEYWORDS

Counseling, Deability, Handling Students

## INTRODUCTION

The development of education in Indonesia is carried out thoroughly both physically and internally spiritually which requires quality human resources (Aagaard, 2019). Therefore, various efforts have been taken to strengthen the formation of the nation's personality, especially in the younger generation. An effort to increase the quality of human resources is through education (Andrade-Arenas, 2019). Education is very closely related to the internal formation of a strong character. As explained by the experimentalists, that education does not only mean giving lessons to students so they can adapt to real-life situations, but more than that it is a place to improve the quality of human life by increasing moral experience (Budianto, 2019).



Since ancient times, education has essentially had two goals, namely to help people become intelligent, and to help them become good human beings, Seeing the facts above, it seems that education in Indonesia is only able to

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make intelligent Indonesian people, but has not been able to form good and wise Indonesian people (Saad, 2019). Forming a good and wise man seems much more difficult or even very difficult. Thus, it is very reasonable to say that

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Since ancient times, education has essentially had two goals, namely to help people become intelligent, and to help them become good human beings, Seeing the facts above, it seems that education in Indonesia is only able to make intelligent Indonesian people, but has not been able to form good and wise Indonesian people (Saad, 2019). Forming a good and wise man seems much more difficult or even very difficult. Thus, it is very reasonable to say that moral problems are acute problems or chronic diseases that must be addressed by Indonesian education today (Ramachandra, 2019).

Based on several studies to overcome several inhibiting and supporting factors, it is necessary to know related to the purpose of this study, namely to find out the efforts of counseling teachers in dealing with second student delinquency to find out the method used by counseling guidance interpreters in dealing with third student delinquency to find out the factors the inhibiting and supporting factors for guidance and counseling practitioners, in the law on the National Education System (Sisdiknas), namely Law Number 20 of 2003, reaffirms the function and goals of our national education (Panchbudhe, 2020). Article 3 it is emphasized that national education functions develop capabilities and form dignified national character and civilization in the context of educating the nation's life (Nishio, 2020). aims to develop the potential of students to become human beings who believe and fear God Almighty, have a noble character, are healthy, knowledgeable, capable, creative, independent, and become democratic and responsible citizens (Rasmani, 2019). So make it a serious thing for exponents of counseling guidance to improve students who develop abilities and form dignified national character and civilization (Hasan, 2022).

From this background, the researcher decided to focus on researching counseling guidance efforts in dealing with delinquency in class XI students at SMAN 1 Batur Banjarnegara, because the problems were more complex compared to other schools than from the various subjects available the researcher chose counseling guidance because it was felt with a relatively limited time can be reached by researchers (Hasan, 2022). Based on the description of the background above, the formulation of the problem in this study is how counseling efforts deal with delinquency and what methods are used as well as the factors that become obstacles and support for guidance and counseling practitioners in dealing with class XI delinquency at SMAN 1 Batur Banjarnegara (Yu, 2022).

The purpose of this research is to find out the efforts made by counseling guidance practitioners in dealing with student delinquency and to find out the methods used by counseling guidance practitioners in dealing with delinquency as well as to find out the inhibiting and supporting factors of counseling guidance practitioners in dealing with class XI delinquency in SMA. N 1 Batur Banjarnegara (Zhang, 2022).

# Theoretical review

### Master's Efforts

A teacher is a person whose job is to teach. According to Thoifuri, the word teacher in Arabic is called mu'allim and in English, it is known as a teacher which in a simple sense is someone whose job is to teach others. the teacher is an educator who is admired and emulated, in this case, the teacher is a role model for his students, the teacher has several efforts, including; Preventive Measures, Repressive Actions, and Curative Measures and Rehabilitation (Hasan, 2021).

#### **Counseling Guidance**

Guidance is the assistance given to individuals (students) so that with their potential they can develop themselves optimally by understanding themselves, understanding the environment, and overcoming obstacles to determine better plans (Xien, 2022). The same thing was also stated by Prayitno and Erman Amti, Guidance is the process of providing assistance carried out by an expert to a person or several individuals, both children, adolescents, or adults so that the person being mentored can develop their abilities and be independent. by utilizing individual strengths and existing facilities and can be developed based on applicable norms.

#### Delinquency

Delinquency is having a naughty nature, mischievous acts, and mild behavior that violates the norms and laws that apply in the midst of society (Department of Education and Culture). One of the causes of student delinquency is due to the estrangement of the bond between parents and their children and it can also occur that acts of juvenile delinquency are anti-social in nature which cause public unrest in general but are classified as general criminal offenses and special criminal offenses. There are also anti-moral adolescent actions, namely disobedience to both parents, and siblings who are hostile to each other (Yu, 2022).

#### **RESEARCH METHODOLOGY**

In this study, researchers used qualitative research and Taylor defined qualitative methods as research that produces descriptive data in the form of written words from observations made by researchers. (Leki j. Molen, Bandung qualitative research methods: PT Juvenile Rosdakarya 2011). p.4

By using the descriptive method, namely the method of writing status, a group of people, an object, a set of conditions, a system of thought, or a class of events in the present. (Moh. Nazir, PH d. Research methods. Bogor: galia Indonesia 201VII). pg 43.

The researcher chose the research location which took place at SMAN 1 Batur Banjarnegara, precisely in class XI students regarding guidance and counseling. The essence of the research variable is something that is applied by the researcher to study and obtain related information and then produce a conclusion. 5VII sri haryanto et al Wonosobo thesis writing guide: unsiq press 2021. Page 43

To get data sources, as said by Lofland, the main sources in qualitative research are words and actions, the rest is additional data such as documents and others. The data obtained included primary data from counseling teachers at SMAN 1 Batur Banjarnegara and students at SMAN 1 Batur Banjarnegara for secondary data obtained through research from books owned by counseling teachers at SMAN 1 Batur Banjarnegara.

In data collection techniques, the authors use observation techniques, interview techniques and data analysis techniques. The three techniques are intended to obtain data and draw conclusions from qualitative research that has been conducted by researchers in class XI SMAN 1 Batur.

#### **RESULT AND DISCUSSION**

#### Description of data from research results

The researcher collected data through the process of observing interviews and documenting the guidance and counseling teacher's efforts in dealing with delinquency in class XI students of SMAN 1 Batur Banjarnegara based on the focus of the research points to produce data sources consisting of informants and respondents as well as observation and documentation data and results presented based on the results of in-depth interviews with informants and additional data from respondents as well as observations and documentation in brief, this is a clarification research through the next sub-chapter, namely on research findings and discussion.

# The efforts and methods used by the counseling teacher in dealing with the delinquency of class XI students at SMAN 1 Batur Banjarnegara.

Efforts made by counseling guidance teachers in dealing with student delinquency at SMAN 1 Batur are increasing student discipline, procuring picket teachers (supervisors). The steps taken are by supervising students, and taking attendance at each change of lesson hours. The method used in dealing with student delinquency, at SMAN 1 Batur, namely;

- 1. The observation method applied at SMAN 1 Batur is by using guidelines it is better to prevent than to handle, in the counseling teacher's efforts to provide material to students according to the needs and existing circumstances.
- 2. The exemplary method is one of the most important ways of educating children. This exemplary method is illustrated by good role models, if a child has lost the role model in his educator, then he will feel that he has lost everything so that the advice and sanctions given are no longer useful. The exemplary method in SMAN 1 Batur is the example of teachers and staff employees, namely being polite and courteous in teaching, polite speech in speaking, and discipline when leaving or entering class.
- 3. Mau'idzah is soft advice that is accepted by the heart by explaining its goodness and threats. at SMAN 1 Batur the method of advice is given after each lesson is finished, and when a child breaks the rules. The advice given relates to daily behavior such as manners or ethics to respect elders. It's not only the counseling teacher who gives advice or reprimands, teachers and other employee staff also apply this method. And what is no less important is that the counseling teacher also works with guardian parents to monitor their children and give advice or reprimand if their children do things that are not good.
- 4. Punishment is something that is prescribed and is one of the means of successful education, which educators may occasionally need. Punishment in education functions as a driving tool to improve students' learning, the punishments imposed at SMAN 1 Batur are in the form of light punishments such as cleaning the school environment, standing in the school yard or other punishments that do not contain elements of violence. As for goalsThe purpose of this punishment is to educate students not to commit disgraceful acts.

# Of the 4 methods, counseling teachers have applied them and used them to the fullest, but the results have not been 100% going well.

Regarding the inhibiting and supporting factors for guidance and counseling teachers in dealing with delinquency at SMAN 1 Batur Banjarnegara, in dealing with delinquency at SMAN 1 Batur, there are both supporting and inhibiting factors. Supporting factors in dealing with delinquency are good cooperation between teachers and staff at SMAN 1 Batur. This is evidenced by the existence of a warning by the board of teachers and staff for students who violate the rules. As for the next supporting factors are the teacher's exemplary behavior (the attitude of the teacher), wearing polite, neat, disciplined, authoritative clothing and other manners such as greeting fellow teachers when meeting, not eating while standing, and politeness in speaking. Parents are also a supporting factor in dealing with delinquency at SMAN 1 Batur, because parents always support school regulations or programs. Not only that, the guardian parents also supervise their children's behavior when at home, apart from the cooperation factor, the exemplary teacher and parents, school facilities are also a supporting factor in dealing with delinquency.

As for the inhibiting factors in dealing with student delinquency at SMAN 1 Batur, the first is the friend factor. Because friends are the second closest person after family. As was the case at SMAN 1 Batur, where one student mocked one of his friends, the friend who was ridiculed automatically replied to what his friend had done. This resulted in students mocking each other.

The next inhibiting factor is electronic media. this becomes an inhibiting factor because the hours that should be used for study or worship are instead used for playing online games.

The lack of awareness and willingness of students is also a factor. For example, in terms of dressing, even though every day they have been warned to dress neatly, there are still children whose clothes are taken out. but in reality the teachers who are divided - for their duties there are those who teach, there are those who accompany and there are also those who discipline.

#### CONCLUSION

Counseling teacher's efforts to deal with class XI student delinquency at SMAN 1 Batur Banjarnegara The efforts made by the counseling teacher in dealing with student delinquency at SMAN 1 Batur are increasing student discipline, procuring picket teachers (teacher supervisors). The steps taken are by supervising students, and taking attendance at each change of lesson hours. The method used in dealing with student delinquency, at SMAN 1 Batur, is using observation, exemplary, giving advice, and punishment methods, namely: providing motivational advice and guidance to students. Supporting and Inhibiting Factors in Dealing with Delinquency, namely:

a. Supporting factor

Good cooperation between teachers and staff of SMANegeri 1 Batur, exemplary teacher, role of parents, school facilities.

b. Obstacle factor:

Friends, Electronic media, Lack of awareness

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