# Personality of the Main Character in *Inside Out* Movie Directed by Pete Docter

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#### Abstract

This thesis aims to analyze the personality of the main character reflected in the movie Inside Out by Pete Docter using Sigmund Freud's psychoanalysis studies. This research uses descriptive qualitative research methods. The data source in this study is Inside Out movie which is directed by Pete Docter, as well as articles, books, and theses that can provide information related to this research. Data is collected through watching, taking notes, taking pictures, and identifying. The results showed that in the main character there is Id, Ego, and Superego. The id in the main character is that he loves her parents; her best friend also uses hockey games, and avoids discomfort by stealing her parents' money. Next as in the new students, there will be a directive from the teacher that we must introduce ourselves first so that we can be known in our environment. That's what Riley did when entering a new school in San Francisco. Also for the sake of hobbies and support from her parents, he had to rise from the slump and he began to adapt well to her new neighborhood of San Francisco. In this case, the main character is compassionate, attention, and unyielding.

Keywords: ego, movie, personality, psychoanalysis, superego

# **INTRODUCTION**

Sklar et.al (2020) explained that the movie is, formerly, a series of motionless photographs projected in rapid series onto a screen using light. Since the optical phenomenon is known as persistence of vision, this gives the illusion of actual, smooth, and continuous movement. The movie is then consecutively called a motion picture or movie. Sklar et.al (2020), so far, argued that movie becomes an effective medium in conveying drama and especially in the evocation of emotion. The art of motion pictures is becoming one of the most popular and influential media of the 20th century and after. As a commercial venture, the movie is offering fictional narratives to large audiences. It is quickly recognized as perhaps the first truly mass form of entertainment, and later became a medium of expression, a reflection of reality, and a tool of communication. As offering fictional narrative, Klerer, (2004) argued that it is impossible to neglect movies as a semi-textual genre both influenced by and exerting influence on literature and literary criticism. The movie is predetermined by literary techniques; conversely, a literary practice developed particular features under the impact of the movie. Hence, the movie also can be considered as an expression of humanity that reflects human life, about telling how life is framed in a way that exists in society and the gaps that arise from a problem that occurs (Arif, 2016). The problem of life is performed through the role of characters strengthened by another Supporting unit, like; setting, plot, and imagery. The structure of the movie operated to reflect any kind of human problem in life, including human personality. This study is intended to investigate the human personality that is performed through the main character in *Inside Out* movie. *Inside Out* movie is 2015 American computer-animated comedy movie produced by Pixar Animation Studios and released by Walt Disney Picture Directed by Pete Docter. The artists who played a role in the *Inside Out* movie are Amy Poehler, Phyllis Smith, Richard Biak, Lewis Hitam, Bill Hader, Mindy Kaling, Kaitlyn Dias, Diane Lane, and Kyle MacLachlan. The film received many awards and accolades, including the BAFTA Awards, Golden Globe Award, Critics' Choice Award, Annie Award, Satellite Award, and Academy Award for Best Animated Feature. Has been released to the number of viewers 639.083 people.

This movie tells the story of a family that has one child named Riley. At first, Riley and her parents lived in Minnesota until Riley was 11 years old. In Minnesota, they have a very happy atmosphere at home and school. Riley becomes the leading character of the movie. She told me that she has to move to San Francisco because their parents have a new job. Riley was very happy at first, but then she was so sad because she saw their house that did not match her mind. However, Riley tries to change the atmosphere of the house to be happy then invites her parents to play hockey. In the morning Riley went to a new school in San Francisco feeling very happy. When she was at school Riley was so excited to introduce him and her hometown but soon Riley remembered her hometown which also had her friends and hobbies in her old school. Riley was very disappointed with their old friends because they already have new friends, Riley feels she has been forgotten by her old friend. With the changes experienced by the main character, she feels uncomfortable with the school environment or family environment in her new village, namely San Francisco. She feels her parents pay more attention to work than her; she also feels that her old friends don't love her anymore because they already have new friends. This makes the main character steal her mother's money because she wants to go home to the hometown of Minnesota.

Based on the glimpse of the story, this study underlines the changing and interplay of feeling owned by the main character towards her environment; the house, and the school, old and new. It is supported by the title of the *inside out* movie, signifies the relation of inner feeling and environment, or is also a reflection of the inner feeling. It is for sure related to the personality structure of human beings. Sigmund Freud (1923) stated that personality is dealing with the id, ego, and superego. This structure of personality determines the way humans exist and form their behavior. It is the psychological conflict that plays in the behavior of the human personality. In the study of psychoanalysis, Minderop (2010:10) explained that personality is based on the subconscious process that shapes behavior and all behavioral deviations as a result of unconscious processes. Based on the exploration of the problem above, this researcher then formulates the title of this study as follows: Personality of the Main Character in Inside out movie directed by Pete Docter. The problem of the personality of the main character will be investigated by using psychoanalysis theory from Sigmund Freud.

# **RESEARCH METHOD**

Research is the process of collecting data, analyzing, surveying, and interpreting data to identify and understand a phenomenon. The research process is organized in the sense that objectives are defined, data is managed, and findings are communicated to build a framework and comply with existing guidelines (Leedy & Ormrod, 2001: 37). The writer uses qualitative methods to analyze data. Descriptive qualitative methods do not include calculations or enumeration. Descriptive qualitative is a label used in qualitative research for studies represented qualitatively that are widely used to describe social-related phenomena. The author applied this method in doing this research because the author wanted to describe the personality of the main character depicted in the *Inside Out* movie by Pete Docter.

# FINDINGS AND DISCUSSION

# Description of the main character in Inside Out Movies

Riley is the main character in the *Inside Out* movie, Riley was born into a simple family and is the only child in her family. Riley and her parents lived in Minnesota until Riley was 11 and had a very happy atmosphere. Riley loved her family.

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#### Data 1





Riley : We're getting closer, I can get it. Here we are, this is our new home. And..... Maybe it's good.

In Riley's image and expression above, it appears that Riley is very happy. Riley was very happy at the beginning when they left for San Francisco but then she was very sad because she saw their house was not what she wanted and her house was very dirty and a little squalid in it. However, Riley always tries to change the atmosphere at home to be happy and Riley invites his parents to play hockey so that the atmosphere at home becomes peaceful.

# Data 2





Riley : I know I'm tense, but I'm so excited. Are we sure we should do it? It's time to get in. Okay, we're in. Yes.

Teacher

r : How's Minnesota? Can you tell us?

Riley : Yes. It's cold there. The lake is always frozen. We were there playing hockey; all my family loved the launcher. We often catch up. But everything is different now since we moved in.

In addition, when Riley first went to her new school in San Francisco with a very happy feeling. While at school, Riley was excited to introduce herself and her hometown of Minnesota. But Riley remembers her hometown and remembers her friends and hobbies playing hockey at her old school. Riley is desperate because it's not easy for her to adapt to her new school environment. Where the school atmosphere is not *too* cool because Riley feels left out in her new school room.

#### Data 3





Riley : We take the bus. There's a bus leaving tomorrow, perfect! Buying tickets needs money, where do we get the money? Mother's purse, Oh, I will, where we last saw her, mother's purse at the bottom of the stairs.

From the picture and conversation above, the incident that caused Riley to despair and is disappointed with her parents, Riley was also disappointed with her old friends because her old friends already had new friends, so Riley felt forgotten by her friends. That's why Riley felt so desperate and wanted to go back to her old neighborhood, which was Minnesota. When she wants to go home, Riley is forced to steal her mother's money and run away from home.

# The personality of the main character in Inside Out Movie

Personality is the psychology that studies personality humans with the object of research factors that influence human behavior. For psychoanalysis, the term personality is prioritizing nature unconscious, which makes the structure of thinking colored by emotion.

Data 4



Picture 4 45

Riley : If you have good friends and a comfortable home, there's nothing better than that.

Based on the picture and conversation above show that the friendship is so beautiful between Riley and her best friend. Riley loved her best friend so much that they always played hockey, ate, and went for walks together. As seen in the picture above Riley and her friends always eat, walk together, and always participate in hockey competitions. In this section, we explain how happy Riley and her friends are. The behavior that Riley shows towards her best friend is a form of Riley's affection for her best friend and that behavior can also be seen around us that we also have to love each other especially with our friends.

## Data 5



Picture 5

Riley : scored the first goal.

Dad : it was so amazing, hey look that's great.

Mom : we can play great here, great.

Based on the picture and conversation above shows that Riley loves sports (hockey) and that's part of Riley's hobby. This is evidenced by Riley's habit of always playing hockey with her parents in the backyard. Riley also played hockey accompanied by her parents every practice. Riley doesn't know when she always plays where and whenever he wants. For example, when Riley sees her parents cleaning the house, Riley suddenly invites her parents to play hockey together so as not to feel cape. There we can see Riley's love of the game of hockey. Data 6



Picture 6

Riley : Watch out, oh no, no, no, watch out. Don't worry, we're fine, we're fine.

Riley : This eats smelly, well beware. The smell is very dangerous. Wait a minute, the color is not too bright and the shape is like a dinosaur. Wait a minute, it's broccoli.

Based on the pictures and conversations above, first Riley likes to play alone when suddenly there is a cable in front of her, then Riley runs slowly so as not to trip over the cable. Riley also doesn't like broccoli because she's afraid she's excited that it's a poisonous food and in the end, she keeps eating because it's her father who feeds her. Based on the conversation above shows that here it looks like Riley cares so much about herself that before doing anything she wants, Riley is always attentive and considerate. Riley's behavior often happens to ourselves and in general people, because we must be full of caution, careful in doing anything whether it's play or food.

## Data 7





Mom	: I found the Junior Hockey League right here in San Francisco. Look, the test is tomorrow.
	After school, right?
Riley	: Oh, yeah, that sounds impressive.
Mom	: (Did you see it, something's not right, what should we do? Let's investigate, but slowly so
	that he doesn't get suspicious. So how was your first day at school?
Riley	: My school is fine, I guess. I don't know.

Based on the picture and conversation above shows that the following Ego is Riley is not always honest in conveying what she feels to her parents. Riley tries to hide her feelings at home and school, feeling very depressed after coming home from school because she feels sad because there

are no friends and she does not feel comfortable at her new school. She misses her hometown of Minnesota. This is seen when Riley wants to run away from home because she is unhappy with the environment of her new village and her new school environment in San Francisco.

Data 8



Picture 8

Friend Riley Friend	<ul> <li>Do you like it there? Did you feel there was an earthquake? Is there a cool bridge?</li> <li>Yeah, cool, how was the match?</li> <li>we won the first game. The coach said we could go to the final this year. Oh, and there's a new kid on the team. He is so cool. We could pass the hockey ball without looking at each other like mind reading. They also have parrots.</li> </ul>
Riley	: I have to go (angry).
Friend	: what?
Riley	: I have to go (closes laptop).

Next up is when Riley is on the phone with her best friend Riley misses them a lot but her best friend instead tells Riley that they have a new friend who is on the hockey team as a replacement for Riley at her old school, Minnesota. There Riley is furious with her friends because she thinks no one loves her. Here we can see Riley being so stressed that she wants to talk to her best friend but her best friend disappoints her but Riley always hides what she feels. This is what proves that Riley cares about her friends as well as herself.

Data 9



Picture 9

Mom	: This will be fun, a new team, new friends, they look really good. Even though they're from San Francisco. OK, Andersen, it's your turn.
Riley	: I have to play.
Mom	: Good luck honey. (Riley falls and can't score so Riley gets angry and leaves.
Riley	: Ahhhhhh (Slams the stick and leaves the field).
Mom	: Riley what's wrong?
Riley	: Let's go home (high voice).
Mom	: Didn't you finish the trial?
Riley	: For what?
Mom	: Hey, everything will be fine, come on
Riley	: Stop saying everything will be fine!

Based on the picture and conversation above shows that Ego is to make her parents happy. She was forced to play hockey with a new team because she was not yet familiar with her new friends in San Francisco. She tries not to disappoint her parents because her parents believe in Riley's talent. Because her parents wanted Riley to develop her talent and she wanted Riley to enter the competition, but in the end, Riley lost and Riley despaired and wanted to return to her hometown in Minnesota. It depicts Riley who cares deeply about her parents and her hobby of playing hockey.

# Data 10





Mother	: Riley there you are, praise God! Where have you been it's night already?
Dad	: Riley what happened? Are you okay? We ask neighbors; call our school and call your teacher.
Riley	: (Crying).I know mom and dad don't want me like this but I miss home, I miss Minnesota, and you guys want me to be happy but I want my old friends and my hockey team. I want to go home please don't be angry.
Mom	: Oh, honey.
Dad	: We are not angry. You know, I miss Minnesota too. I miss the forest where we vacation Mom: and the backyard where you can play.
Dad	: Spring Lake where you can slide. Come here (Hugs).

Based on the conversation and the picture above shows that Riley feels guilty for stealing her mother's money. Wanting to return to Minnesota, she secretly ran away from home without her parents' knowledge. And after traveling back to Minnesota, Riley realizes that what she did was wrong. Riley came home to apologize to her parents and regret what she did. Riley is so unyielding that she tries to fix everything for her parents.

#### Data 11



Picture 11

Mom	: Hi, honey. Still no transfer car. The car didn't arrive until Tuesday!
Riley	: Where's Dad?
Mom	: On a call? This new adventure keeps him busy. Your father is a little tense about his new
	company going on. I guess, what I want to say is thank you. You know, in this mess you're
	still you're still our happy daughter. Your father is under great pressure. But if you and
	mom can keep smiling. That would be a big help. We can do it for daddy, can't we?
Riley	: Yes, sure.
Mom	: We do this for you. Sweet dreams, good night.

Based on the picture and conversations Riley tells her parents about her school, but because her parents don't understand her feelings, Riley becomes angry and doesn't talk to her father. However, Riley's mother advised Riley to be patient and always eager to help her father who was so busy with her work. In the end, Riley was again excited for her parents. It depicts Riley being so unyielding at what she's going through and she's trying to get past the tension she's feeling. And he began to rise because her parents always cared about him.

# Data 12



Picture 12

Dad	: when you're in the field I have to be aggressive!
Riley	: I know dad, don't be so aggressive. You know you don't have to come to every game.
Dad	: Are you kidding? I won't miss a single one! Come on Foghorns!
Mom	: come on Riley! The best foghorns!
Riley	: well I have to go (enter the field to play hockey).

Based on the conversations above shows that Riley is very excited to enter a hockey competition with her new team in San Francisco. With the support of both her parents, Riley began to get excited again and began to rise from the slump she felt after losing a hockey competition. Her parents were so enthusiastic about supporting Riley to return to hockey.

# Data 13



Picture 13

Teacher	: Well everyone, there's a new student in class today. Riley, can you tell me about yourself?
Riley	: Well. My name is Riley Anderson. I'm from Minnesota. And now I live here.
Teacher	: How's Minnesota? Can you tell us? Its clear there's more snow than there.
Riley	: Yes. Also very cold. The lake is always frozen. There we played hockey. All my family loves brave launchers. We used to be in frequent chases. But things are different now since we moved in.
Teacher	: Thank you Riley. I know it's so hard to move to a new place. But we're glad to have you here.

Based on the picture and conversation above shows that the teacher told her students to introduce her and her origin. Here we see Riley who is so excited to introduce herself and her origin but Riley is sad because she feels all things have changed since they were moving. The behavior is seen above often occurs when we are in a new environment, whether it is school or home. When we are in a new environment the first thing we do is introduce ourselves to be able to greet each other. Here teacher behavior also often occurs in teachers in general when they meet with students or new students.

## CONCLUSIONS

Overall the personality of Riley's main character in the film Inside Out by Pete Docter, found that Riley's personality is compassionate, caring, and unyielding. This personality can be proven by looking at the id, ego, and superego of Riley's character. Compassionate comes from the word affection which means love (to), love (to), very like (to), love, and love. Riley's friendly attitude is seen when she is with her family and friends. He loved her father and mother to such an extent that he had to move with her parents to San Francisco and leave her home, school, and friends in her old village of Minnesota. Caring means caring, paying attention, and not neglecting. The caring attitude of the main character, Riley, is seen in her daily life while at home with her family. Unyielding is an attitude that is not easily discouraged in doing something, or in achieving something. *Inside Out* movie shows that the main character, Riley is someone who never gives up and does not give up easily in achieving her dreams.

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