



Spiritual Intelligence of Nurses in Inpatient Room of Santa Elisabeth Hospital Medan 2022

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ABSTRACT

Spiritual intelligence is a framework for identifying, organizing skills and work needed to develop individual abilities to solve problems and achieve goals. A nurse as a service provider to patients needs to develop her spiritual intelligence as the main key to improve the quality of her performance. The purpose of the study was to identify the extent of the spiritual intelligence of nurses in inpatient ward of Santa Elisabeth Hospital Medan 2022. The research method used is descriptive research. The sampling technique is total sampling technique, with a total sample of 91 respondents. Collecting data using a nurse's spiritual intelligence questionnaire. The results showed that the level of spiritual intelligence of nurses in inpatient room of Santa Elisabeth Hospital Medan 2022, the largest spiritual intelligence are 87 respondents (95.6%), and moderate spiritual intelligence are 4 respondents (4.4%). With the results of this study, it is expected that the respondents will continue to get better or have higher intelligence, which can be seen in the attitude and behavior of excellent service so that the quality of service is getting better at the Santa Elisabeth Hospital in Medan, so that the patients served will be satisfied with the quality of their services.

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INTRODUCTION

Spiritual intelligence is a framework for identifying and organizing the skills and performance compatibility needed to use spirituality and can develop individual abilities to solve problems and achieve intelligence goals (Riahi et al., 2018). According to Wahyuni (2017). Spiritual intelligence is an intelligence in which each individual tries to place his actions and life in dealing with issues of meaning or value in a context that is very broad and rich, and more meaningful than others (Simorangkir et al., 2020).

In short, spiritual intelligence utilizes resources to solve problems, the ability to behave with compassion, and wisdom to maintain inner and outer peace. In other words, "unlimited passion" whose inspiration is unmatched by other forms of human motivation to achieve goals (Ogunsola et al., 2020). So, spiritual intelligence is related to the problem of meaning, value and purpose of life. In very bad and unexpected conditions, at that time spiritual intelligence will lead to find meaning through various kinds of beliefs to achieve its goals. For nurses it is associated with providing nursing services on the basis of worship to God Almighty (Herlina et al., 2020).

In research (Rezaie et al., 2022) obtained the results of research on the spiritual intelligence of nurses using The King Spiritual Intelligence Questionnaire with the results of the Beiranvand study, more than 61% reported the spiritual intelligence of nurses in Malaysia in the good category, but 82% of nurses in China reported low. In research at one of the Banten Hospitals in 2019, it showed that the results of the spiritual intelligence of nurses were still lacking. With a total sample of 71 inpatient nurses, 37 respondents (52.1%) showed poor spiritual intelligence (Nurherawati et al., 2019). Based on the data obtained, it shows the spiritual intelligence of nurses in the inpatient room of Santa Elisabeth Hospital, Medan with a total sample of 58 people, 24 people (41.4%) of whom have less spiritual intelligence. This can be seen from the readiness of the nurses in placing themselves in the position of the patient who is still lacking (Simorangkir et al., 2020).

And in the results of Sinurat et al., 2021 research concerning the spiritual leadership of nurses at Santa Elisabeth Hospital Medan in 2021 which includes spiritual intelligence in the medium category of 19 respondents (63.3%), this researcher's statements are always corrected and Various spiritual activities are programmed every year to improve the spiritual condition of the respondents, but the results only have moderate spiritual leadership, so the directors of Santa Elisabeth Hospital need to pay attention. This can influence the values, attitudes, and behaviors needed to motivate oneself in the task of service and others.

Spiritual intelligence develops simultaneously with the process of human growth and development adapting and getting along with other people. The spiritual intelligence of nurses can show caring behavior which is manifested in providing nursing services to patients as worship and a form of spiritual responsibility to God. Nurses' spiritual intelligence is needed by nurses because nurses generally always deal with clients with different cultural backgrounds and characteristics. This difference requires nurses to recognize their feelings and those of others, in this case clients and families, by utilizing their Spiritual Quotient so that nurses will be professionally assertive (Simorangkir et al., 2020). Nurses who maintain their spirituality can find internal resources to care for patients through inner comfort, are more sensitive to the spiritual needs of patients, and have more effective coping against the stress faced in providing nursing care (Nurherawati et al., 2019).

The spiritual intelligence of nurses is very influential in serving patients in hospitals, besides that spiritual intelligence also has a positive effect on good performance. Therefore, it is very important to educate nurses to have a high level of spiritual intelligence and it is also necessary to develop skills in service so that work experience is more adequate because skills in service are very closely related and cannot be separated to achieve spiritual intelligence in nurses, especially inpatient nurses. So one of the efforts that can be done is to hold spiritual coaching either in each unit or in general (Sunandar et al., 2018).

RESEARCH METHOD

Draft research used researcher is design study descriptive, that is describe Spiritual Intelligence of Nurses in Inpatient Room of Santa Elisabeth Hospital Medan 2022. Population in study This ie whole nurse room take care stay Hospital saint elisabeth fields that have a long service life ≥ 1 year. Taking sample in study with Total Sampling technique with amount sample 91 Nurses. Study This has carried out at home Santa Elisabeth Hospital Medan on in May 2022. On data collection, researcher use tool instrument form questionnaire spiritual intelligence with 15 statements.

RESULTS AND DISCUSSIONS

Results of the research and discussion regarding the spiritual intelligence of nurses in the inpatient room of Santa Elisabeth Hospital Medan in 2022. This research began on May 14 - May 23 2022. From the results of the demographic data of the respondents obtained included age, gender, education, position, and length of working period

Table 1. Distribution of frequency and percentage of respondents' demographic characteristics based on Age, Gender, Education, Position, and Length of Service at Santa Elisabeth Hospital Medan in 2022. (N=91)

Characteristics	(f)	%
Age		
(17-25 Years) Late Teenagers	11	12.1
(26-35 Years) Early Adult	53	58.2
(36-45 Years) Late Adult	19	20.9
(46-55 Years) Early Elderly	7	7.7
(56-65 Years) Late Elderly	1	1.1
Gender		
Man	4	4.4
Woman	87	95.6
Position		
Head of Room	8	8.8
CI	8	8.8
Ka Tim	11	12.1
Executive Nurse	64	70.3
Education		
D3 Nursing	66	72.5
Nurse	25	27.5
Length of Working Period		
1-3 years (<i>Novices</i>)	18	19.8
4-9 years (<i>Advanced Beginner</i>)	23	25.3
10-18 years (<i>Competent</i>)	36	39.6
19-21 years (<i>Proficient</i>)	8	8.8
≥22 years old (<i>Expert</i>)	6	6.6

Table 1 above shows the characteristics of age, the majority (26-35 years) are early adults with a total of 53 respondents (58.2%). Gender, the majority of women are 87 respondents (95.6%). Position, the majority of nurses are 64 respondents (70.3%). Education, the majority are D-3 Nursing with a total of 66 respondents (72.5%). Length of working period, more working length of 10-18 years (Competent) a number of 36 respondents (39.6%).

Table 2. Frequency Distribution and Percentage of Respondents Based on the Spiritual Intelligence of Nurses in the Inpatient Room of Santa Elisabeth Hospital Medan in 2022. (N=91)

Spiritual Intelligence	Frequency	Percentage
Nurse	(f)	(%)
Tall	87	95.6
Currently	4	4.4
Low	0	0
Total	91	100

Based on table 2. shows the frequency distribution and percentage of spiritual intelligence of nurses in the inpatient room of Santa Elisabeth Hospital Medan in 2022 the majority of high spiritual intelligence is 87 respondents (95.6%), and moderate spiritual intelligence is 4 respondents (4.4%), and there is no low spiritual intelligence, namely 0 respondents (0%).

Spiritual Intelligence of Nurses in the Inpatient Room of Santa Elisabeth Hospital Medan in 2022

The results of research by researchers on the spiritual intelligence of nurses in the inpatient room of Santa Elisabeth Hospital Medan in 2022, show that the high spiritual intelligence of respondents is 87 respondents (95.6%), and respondents who have moderate spiritual intelligence are 4 respondents (4.4 %) and no low spiritual intelligence was found, namely 0 respondents (0%). From the data found it can be interpreted that the spiritual intelligence of the majority of respondents is high spiritual intelligence.

The high majority of spiritual intelligence in this study can be found from the respondents' statements on the questionnaire that the respondents have a flexible attitude towards the challenges

they face and are responsible for their work and are obedient to worship, have high self-awareness where they are able to recognize themselves and can place themselves with others. Another finding is that respondents experience suffering as a motivation to get a better life in the future, respondents have goals and expectations based on definite life goals and are responsible for work in accordance with the respondent's oath as a nurse, then respect differences in ethnicity, religion, culture, and patient rights that must be obtained and follow the SOP that has been set, and sees attachment in various things where it is easy to adapt, friendly to anyone and not dependent on others. It can be said that the attitudes and behavior of respondents in providing their services are very positive, loyal in their performance.

The results of this researcher's findings are supported by Rafsanjani's research (2017) in Sinurat, et al., 2021 spiritual intelligence will develop attitudes and behaviors needed to motivate oneself and others. Spiritual quality is shown from perseverance, having high ideals, integrity, giving hope, empathy, honesty, patience, trustworthiness, loyalty to the company and humble in service assignments.

From the context above, it is also in line with researchers by (Pratiwi et al., 2021) that the spiritual intelligence of nurses in one of the Tangerang district hospitals, the majority of 92 respondents (86.0%) had high spiritual intelligence during the Covid-19 period. In research by (Zulfita et al., 2020) it is also said that the spiritual intelligence of the implementing nurses at the Tanjungpura Pontianak university hospital, the majority of which are 29 respondents with a percentage (60.4%) have high spiritual intelligence, and in research (Husaeni, 2019) it was found that the spiritual intelligence of the inpatient nurses at the Haj General Hospital of the Provisional Government of South Sulawesi, the majority of which were 53 respondents with a percentage (75.7%) had high spiritual intelligence. (Zulfita et al., 2020), nurses who are aware of high spirituality have a meaning from life experience where younger nurses are sensitive and reflective so they tend to have a positive attitude towards patient spiritual care

A nurse plays a very important role in providing nursing care, protecting patients, counseling patients, and also being able to work together with other health workers. From this, of course, continuous coaching is needed to increase the spiritual intelligence of nurses in order to improve the quality of service, duties and responsibilities in the physical, social, psychological and spiritual health of patients (Pratiwi et al., 2021).

Based on research by Husaeni, (2019) nurses who have high spiritual intelligence will show better job performance, where nurses are able to work together better and produce good quality and quantity of services for every user of health services. Someone who brings the meaning of spirituality to work will feel the meaning of life and work is more meaningful, this encourages and motivates him to improve the performance he has.

Pakpahan, (2021) says that spiritual intelligence rests on the inside of the individual which is related to wisdom outside the conscious ego or soul. Spiritual intelligence makes humans truly intellectually, emotionally intact and can help heal and build themselves as a whole. Spiritual intelligence is the highest intelligence, both directly and indirectly related to the human ability to transcend oneself. Spiritual intelligence develops simultaneously with the level of human development in adapting and associating with other people. Nurses can show caring behavior in providing nursing services to patients as worship and a form of spiritual responsibility to God.

Researchers argue that high spiritual intelligence can place life and behavior in a broader and richer context, or someone has a more meaningful and valuable life. And if someone who experiences spiritual loss will experience a lot of life problems, namely emptiness, confusion, stress, anxiety, even desperate to live his life. Problems in this life will continue to increase beyond our control as humans.

So according to researchers, it is very important that spiritual intelligence is always addressed in every individual, especially for nurses. Nurses deal with services and providing care to patients and families of patients with different religious, cultural, and character backgrounds. In this case nurses are required to know and understand themselves and others better by utilizing their

spiritual intelligence so that nurses will be professionally caring, creative, communicative, skilled and assertive.

Intelligence of nurses in the inpatient room of the Santa Elisabeth Hospital in Medan in 2022 is a high spiritual intelligence of 95.6%, it can be analyzed by researchers from practical experience at the Santa Elisabeth Hospital in Medan that there are spiritual development activities for nurses, including Mass activities, joint prayer before starting or carrying out nursing work or services, and there is an annual recollection program. Santa Elisabeth Medan Hospital also routinely holds seminars every year with the theme of ethics, personality of nurses and others. Nurses at Santa Elisabeth Medan Hospital are also able to build relationships, motivate themselves, and recognize the feelings of others. This can be seen from the way nurses treat patients gently and kindly, and the nurses at Santa Elisabeth Medan Hospital are under the auspices of the Congregation of the Franciscan Santa Sisters. Elisabeth. Nurses who have high spiritual intelligence in carrying out their services are the result of their education, training and work experience

CONCLUSION

Based on the results of research found by researchers regarding the spiritual intelligence of nurses in the inpatient room of Santa Elisabeth Hospital Medan in 2022 it was found that the majority of high spiritual intelligence were 87 respondents (95.6%) and a minority of low spiritual intelligence were 4 respondents (4.4%). The results of this study can be used as additional data for further researchers, especially those related to the spiritual intelligence of nurses and examine the factors that influence the spiritual intelligence of nurses in improving the quality of hospitals.

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