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## THE ROLE of FORSIS LSM (FORT DE KOCK SOCIETY IN SOCIAL) for REACH THE RISK GROUPS of HIV / AIDS (CASE STUDY: LGBT and PENASUN GROUP'S in THE CITY of PADANG)

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### ABSTRACT

One of the existing NGOs is FORSIS which is engaged in the grouping of HIV / AIDS risk groups to cope with the spread of HIV / AIDS in the city of Padang. The purpose of this study is to describe how the role of FORSIS in outreach groups at risk of HIV / AIDS in the city of Padang. The approach used in this research is a qualitative descriptive researcher, a technique used for data collection in interviews, observations, and document studies. In addition to the selection of informants is purposive sampling, which consists of informants who are considered to know about the role of FORSIS in outreach groups at risk of HIV / AIDS. The subjects in this research are Padang city community that is the board of FORSIS, LGBT group, caretaker of soul conscience, and LGBT with HIV. The results of this study are to describe the role of FORSIS in outreach groups at risk of HIV / AIDS. Prior to outreach there was a process planned for outreach. This NGO plays a role in improving community knowledge through socialization, then invites VCT to know the status of self so that can cope with the spread of viruses and NGOs also do cooperation with NGOs taratak soul heart to accompany PLWHA. It can be concluded that this FORSIS NGO plays an important role in providing counselling, inviting VCT and working with specific NGOs to assist in the prevention and transmission of HIV / AIDS.

Keyword: *Role, ODHA, FORSIS, LGBT, PENASUN*

### INTRODUCTION

Since of 1990, *World Health Organization* submitted a term of "*The Global Burden Disease*"/GBD becoming a standard of report global health information which related to environmental diseases including because of nutrition trouble and communication. One of diseases increasing and require to get serious attention in GBD is *Acquired Immune Deficiency Syndrome*

(AIDS) (Yukiyanasari, 2017). HIV (*Human Immunodeficiency Virus*) is the virus can decrease or disappeared immunity. AIDS (*Acquired Immune Deficiency Syndrome*) is a collection of symptoms caused HIV which an abbreviation of *Human Immune Uno deficiency Virus* is cause of AIDS (Auliani, Lenoni, 2017). This virus can attack and destroy the system impenetrability of body

so that we cannot stay to diseases attacking our body (Hidayati, 2014).

The broken of immunity system or weak is easy damaged by illness that exist around of us like TBC, DIARE, SKINACHE, etc. The HIV exist in someone body dilution which have in blood, sperm dilution, vagina dilution or milk from mother. Before HIV turn into AIDS, the patient will be see healthy in 5 to 10 years. Although see healthy, they can transmit HIV into people with unsafe sex, blood transfusion, hypodermic needle by turns. One of the risk factor happening of infection AIDS is the low education level so the knowledge from danger and risk of HIV / AIDS is less. Thought HIV / AIDS can to prevented, by using condom, not to change the couple, with good implementation can to improve of quality life HIV/ AIDS patient ( Duarsa : 2011 ).

The phenomenon of HIV / AIDS represent disease kill in the world, including Indonesia. Amount of HIV & AIDS reported from 1 October until 31 December 2016 in the years is 41.250 for HIV and 7.491 for AIDS. On cumulative HIV / AIDS period 1 April 1987 into 31 December 2016 is 232.323 for HIV while 86.725 for AIDS also noted by death because HIV / AIDS amount 14.608 case. Based on the first observation, the researcher get data and some required information. This can be seen by tables of following:

Table 1. Cumulative Amount Case of AIDS According to Gender

Sex	AIDS
Male	48.977
Female	27.458
Unknown	10.345
Total	86.780

Source: Based on Ditjen PP & PL Kemenkes RI Data year 2017

Based on the table 1.1, HIV to much happen in men compared to women. HIV / AIDS case at the men amount to 48.977 cases while at the woman 27.458 cases. While the cases which not yet known there is around 10.345 cases in the year 2017.

Table 2. Cumulative Amount Case of AIDS According to Risk (Cumulative AIDS Cases by Mode of Transmission)

Risk Factors/Mode of	AI
Heterosexual	58.8
Homo-Bisexuals	4.03
IDU	9.08
Blood Transfusion	222
Perinatal Trans.	2.58
Unknown	12.0

Source: Based on Ditjen PP & PL Kemenkes RI Data Year 2017

Based on table 2, the factors of the risk HIV / AIDS heterosexual noted 58.846 cases of AIDS in Indonesia. Homo bisexual noted 4.034 case of AIDS, IDU noted 9.080 cases, HIV / AIDS effect of blood transfusion noted 222 transmission and case of perinatal amount to 2.587 cases, and noted 12.011 cases of AIDS which not yet been known by the cause. The report of Kemenkes regarding the amount of infection of HIV reported according to year risk factor 2013-2017 mentioning risk factor of LSL natural of improvement every year. While the factor of heterosexual risk, and penasan fall down. This more to make phenomenon of LGBT / Homosexual in this time booming.

Transgender which have experienced operation of sex reassignment or change the sex so that psychological identity of him and his physical is in parallel conceived of by transsexual (Rokhmansyah, 2016). LSL represent man owning sexual orientation only with men (homosexual), however there are some owning orientation of sex at woman and boy (bisexual) (Hardisman, Firdawati, 2016). The group of LSL that included in group which is susceptible to infected of HIV. LSL disposed have many couple of sex, both men and women and many among them also sell and buy sex. Most of LSL confess to correlate sex with many couple in the last few years, both men and women.

The risk of LSL that hit by AIDS is greater if comparison with the men that having couple sex with women because anal sex which conducted by LSL enable the happening the hurt at rectum caused the dilution inexistence of lubricant such as those which in vagina, considering

absorption of rectum big hence deposes cement in the rectum can result high risk to infection of infection (Lestari, 2014). Community network of LSL wide of improve infection risk at LSL and sexual couple. There are LSL infected of HIV, and then the LSL even also have the risk spread the HIV in the community. Besides LSL becoming risk factor also there is term of PENASUN. PENASUN is consumer of NAPZA inject, they have risk hit by HIV / aids because usage of hypodermic needle by turn will be able to be infected of HIV / aids.

LSM (non-government organisation) representing organizational is non-partisan being based on moral movement (moral of force) owning important role in management of governance and life of politics. LSM looked into have role of significant in course of democratization. This Organizational type believed to have special characteristic and function and differ from organization at political sector of private sector and also government ( sector private), so that can run unworkable certain duty by organization at two sector ( Budi, 2003).

Existence of LSM in this time that showing the growth of society having the character is positive. In general, an institute packed into category of LSM if the institute formed by society, managed by society, and also develop build governmental duties in developing state and nation (Silitonga, 2008). In the Indonesian there is many LSM, among in west Sumatra; especially in Padang City is LSM FORSIS (*Fort De Kock Society in Social*). FORSIS represent an institute that caring to HIV / AIDS. Based on obtained data from secretary of FORSIS, Mr Zulkarnen "this LSM founded at 5 January 2012 by named LSM (*Fort De Kock Society in Social*) that shorted by FORSIS that meaning society of Bukittinggi and its surroundings having caring in the field of social founded for the first time have place in Town of Bukittinggi, by address in street of H. Miskin Simpang Surau Gadang, sub-district of Campago Ipuah, district of Mandiangin Koto Salayan this LSM founder.

Next move to Jl. Prof. M. Yamin, SH Aur Kuning Bukittinggi. FORSIS represent institute of non-government. FORSIS stand up pursuant to initiative 3 community forum member people care HIV / town aids of

Bukittinggi which care with victim abuse of napza and also its disease of him like HIV / medial aids of society. FORSIS engaged in outreach, assistance and empowerment in West Sumatra which have location in three towns that is Padang, Solok, and Bukittinggi. The main field program of FORSIS is tackling of HIV / aids, tackling of NAPZA and relation also empowerment of woman and protection of child. The existing programs are Gf Nfm Spritia-Pkni program that is prevention of HIV / AIDS. The plan of program is 24 months from 2016-2017 in three locations that are Padang, Solok, and Bukittinggi. Program form is outreach, assisted of VCT (Voluntary Counselling and Testing) and Education / Capacity Building. The target of reached is MSM, TG and Penasun. FORSIS conduct counselling to community which is risk, reached that will follow VCT test. When finding the case of HIV then they affected of HIV will deliver to LSM TARATAK JIWA HATI, which focus in mentoring program, if they agree to accompany will accompanied then get medicine and drink the medicine with regular without break.

Based on description above, we can see the case that not only endangering for every individual who does it but also endanger society. When individuals do not want to marriage but choose for release their sex by illegal, deviate and forbidden can destroy familiar system also reach the society foundation, moral destruction and stretch the religious values and norms. So that ultimately bring unlimited freedom that we can see in the middle of the community this time. But the mentioned of course is always strived to conduct recovery and also prevention in society, one of them conducted by FORSIS. This LSM moving in reach risk of group (LGBT and PENASUN) such as handling social pressure by ODHA and term of health and prevent an increase in the number of people with ODHA in West Sumatera, especially in Padang city. Based on research that conduct that have several written investigation about role of LSM for handling HIV / AIDS amongst (Mindrawati, 2018).

The role of LSM to handling *Pelaksanaan Peraturan Daerah Kota Semarang Nomor 4 Tahun 2013 Tentang Penanggulangan HIV/AIDS Dan Perlindungan*

*Hukum Bagi Odha (Studi Kasus Pada Lsm Griya Asa)*. The result from this research describe about the role that related to HIV / AIDS prevention. According to (Erllyn, 2012) the rules of LSM for mentoring PSK in Bongas Village, Indramayu, West Java. According to previous research, there is no researcher to conduct the research about LSM in Padang City to mentoring HIV / AIDS cases in risk group like as LGBT. Therefore the researcher conducts the research about "THE ROLE of FORSIS ORGANISATION to REACH THE RISK GROUP of HIV / AIDS (case study: LGBT and Penasun in Padang City). According to researcher, this research is important to conduct because *first* there is no same the research that conducted in West Sumatra. *Second*, this research can be something should to follow up from government and society, remind that the spreading grow of HIV / AIDS too much and threaten in among of society so needed other preventive to handle it together.

## RESEARCH METHODS

Based on the problem and purpose of the research that have been formula in previously, the approach used in this research is qualitative approach with use description method enable to get scientific result of the research by solve the problem and explain or drawing the result of this research. The kind or type the research that using in this research is descriptive research that is: try to drawing or describe with detail of the problem that conduct. This research describe about the rule of LSM FORSIS in reach out the risk group to prevention of HIV/AIDS. Information in this researcher conduct with purposive sampling technique that determines the informants based on research purpose. Technique data collections conduct by interview, observation and document study. Based on the criterion have been decided; in this research the informant is FORSIS management, TARATAK JIWA HATI management, LGBT, PENASUN and ODHA. Unit analysis is a group. Analysis data in this research conduct with reduction, presentation and verification of data. This research used data analysis technique by miles and huberman models. While for test authenticity of data thought test of

credibility, transferability, and dependability of conformability.

## RESULT AND DISCUSSION

FORSIS is LSM that engaged in the program to reached risk group of HIV / AIDS to prevent HIV in the city of Padang. In the chapter four have been tell about activities that conduct. Based on all activities that conduct can to conclude about FORSIS an activity that is planning and outreach activities. Planning is the first step conduct before outreach activities. The planning conduct for make program working and activities recruitment FORSIS member to get purpose this LSM. The planning conducted by FORSIS management in the FORSIS offices. The planning conducted in the first year to evaluating program. On the planning process there is have several steps conducted by FORSIS are: 1. Prepare and increase of capacity human resource FORSIS (capacity building). The existence of organisation supported by good human resourced. Capacity buildings are process to improve skill, knowledge, attitude and behaviour. Developing or not the LSM it's depend of carrying and quality the human resource for growing the organisation. Therefore, by growing the capacity (capacity building) and growing human resource character important for an organisation. (2) Orientation program for FORSIS management and staff.

Orientation that conducted to introduced work programs and basic rules for staff and plan more strategy to get FORSIS purposes. Orientation conducted for the staff, management and field team that representative for group, community and LSM in West Sumatra for negotiate also related to prevention and solutions from transmission of HIV/ AIDS. In other hand to give education and coaching to community of *populasi kunci* "PONCI" like ex-user of NAPZA, WPS (sex commercial), TG (transgender), MSM (man sex man), man with high risk ( user of WPS and SHEMALE) and PENASUN. The outreach basically represent activity being based on especial society with a purpose to push effort to increase health and reduction of risk to

infection of HIV to group and also individual which difficult effectively served by provider of service health of society in general. Thereby activity of this reach aim to fill difference between service of existing health by providing service and education to group which do not or less owning to access to existing service. Field team take from every group of risk as according to criterion above. Amount of field team there is around 6 people in the city of Padang and 5 in Bukittinggi. Activity of this reach will be conducted by field team consorted by management of FORSIS.

After passing matured planning phase hence conducted by activity or process FORSIS after to conduct reach by support team or field team to risk group. Such as those which have been explained above that becoming field team from risk group have been given by more knowledge and education about HIV. Activities of reach have function or personate following: (1) Dissemination about HIV / aids at risk group of HIV. Dissemination is addressed activity to goals group or individual to be them obtain; get information, arise awareness, accepting, and finally exploit the information. Dissemination is process spreading of planned innovation, to instructed, and managed. First, Activity of dissemination adapted for desire of risk group for activity will remain to observe by official member of FORSIS to watch activity which they conduct. So that activity of dissemination expected can prevent the happening of make-up of HIV / aids caused by behavioural awareness of risk group with knowledge which they earn from process of dissemination and counselling from FORSIS.

Counselling's conducted by Five until Eight times in one months, activity of dissemination conducted one until Twice in one week ( 2) Inviting and Doing VCT. VCT (Voluntary Counselling Testing and) is to conduct HIV test / aids. VCT conducted in HOSPITAL exist in the city of PADANG that providing service of VCT, like RS Yos sudarso, and RS M. Djamil. To know result from VCT by blood test Result of from VCT will go out that very day. This matter is done to assist ODHA get out of discontented with

their self-status as suspect of HIV / aids representing disease kill. Taratak will consort odha in taking medicine regular and cope to give motivation them to awaken and give information them to prevent the happening of infection from all ODHA to people and couple closest they are along with others.

But when its result of negativity hence to be conducted is to do enableness to risk group of which not yet been infected HIV / aids, activity of this enable aim to reach change of behaviour of risk group. Activity taken is persisted dissemination. In the year 2016 from April until August there are 422 of risk group following VCT test. Third, collaboration Equal to LSM Taratak Jiwa Hati as Effort of tackling Infection of HIV by ODHA. This LSM Taratak Jiwa Hati represents LSM at tackling program of ODHA. LSM FORSIS cooperate with Taratak Jiwa Hati. Its Form Cooperation is this LSM Taratak of its positive result people and follow up of HIV / aids after following VCT. Amount of ODHA in this adjacent activity is we can see at tables below:

**Tabel 3. Amount of ODHA Assistance of Taratak Jiwa Hati**

Status	Jumlah
Old ODHA	813
New ODHA	245

Source: soft file Taratak Jiwa Hati

The activity that conducted this LSM Taratak is mentoring program. This activity conducted that is like improving again the spirit life of ODHA, giving counselling them to taking care in correlating sexual because their status of ODHA, needed to give implementation to every ODHA not to transmit the disease in people around and the couple. Handling of this follow-up aim to remain to observe ODHA because otherwise consorted and given by the understanding of about their self-status hence will affect to more and more him of is amount of ODHA of year to year.

Based on the research which have noted by some conducted by activity Taratak to ODHA which can see table below:

**Tabel 4. Jenis Dukungan Taratak pada ODHA**

No.	Jenis Dukungan	Jumlah
1.	Receipt Status	187
2.	Access Treatment And Care Service	116
3.	Compliance with treatment	1032
4.	Positive prevention	318

Source: *soft file Taratak Jiwa Hati*

From explaining above can be concluded that LSM of FORSIS this make a move in the effort prevention of HIV / aids. According To Parson, Adaptation (Adaptasi) a system has to overcome situation of externals which is serious condition. Systems have to adapt to environment and accommodate that environment with its requirement. If associated with research which is researcher conduct in activity that conducted by LSM FORSIS represent adaptation form, the mentioned earn us see from role played by this LSM which represent the part of system trying to cure and look for solution related to infection of HIV / aids that happened in West Sumatra specially in Padang City. Therefore that there is group reach form risk group in the effort preventing more and more him is amount of infection of HIV / aids.

From data above earning we conclude that LSM FORSIS have the target of that is to reach risk community and know do them infected by HIV or do not which is realized in program of GF Nfm-Spiritia-Pkni to reach the target of LSM so-called field goal of attainment in scheme of AGIL. According to Parson a system has to arrange between relations of parts of becoming its component. System also have to manage between third relation other important function ( A, G, L), to get regularity expected by this LSM hence in made to be program to be conducted cooperation with Public Health

Service, KPA, and LSM Taratak Jiwa Hati facilities all existing target. Then a system have to equip, looking after and improve; repairing, individual motivation goodness and also cultural patterns which create and sustain motivation. The same as with form activity of conducted by reach FORSIS in made program, that is in the form of adjacent counselling DNA diseminasi and also to reach the intention of the LSM which good for staying value in society.

The reach program that conduct of LSM FORSIS there are some constraint in doing outreach such as those which obtained from result of the following interview. Of obtained to be data to be found constraint of LSM FORSIS in risk group reach shall be as follows:

1. Obtained data of Public Health Service still obtained difficult
2. Reaching risk group which not yet data.

This Research moment there is some constraint which researcher meets. Getting informant LGBT and PENASUN not easy because needing approaching and the researcher must prepare transportation money for the informant. Researcher cannot take documentation with them representing Gay and of Penasun because they fear their status known by others.

**CONCLUSION**

Based on the purpose of this research in the city of Padang about role of LSM FORSIS in outreach a risk group of HIV / aids like LGBT and PENASUN in the city of Padang with informant in field provided with data written, oral data and relevant skripsi with this research, it can be take a conclusion concerning role of LSM FORSIS in outreach risk group of HIV / aids (LGBT and PENASUN). There are some role of LSM FORSIS in outreach risk group of HIV / AIDS in the city of Padang that is first, Conducting counselling's or socialization about HIV / aids to society midst and risk group. Second, Reaching risk group of HIV / aids will follow VCT test. Third, Assisting risk group which are positive become ODHA to get handling of continuation like delivered to LSM Taratak Jiwa Hati which is focus at adjacent program.

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