

**VICTOR FRANKENSTEIN'S ANXIETY AND DEFENSE
MECHANISM AS DEPICTED IN MARY
SHELLEY'S *FRANKENSTEIN***

THESIS

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ABSTRACT

Arnanta Putri, Oktaviani. 2015. **Victor Frankenstein's Anxiety and Defense Mechanism as depicted in Mary Shelley's *Frankenstein***. Study Program of English, Department of Languages and Literature, Faculty of Cultural Studies, Universitas Brawijaya. Supervisor: Fariska Pujiyanti ; Co-supervisor: Scarletina Vidyayani Eka

Keywords: Psychoanalysis, Freudian Psychology, Anxiety, Defense Mechanism

Psychoanalysis is useful to understand human behavior. Psychoanalysis is also useful to help in understanding literary texts, which are about human behavior. This study analyzes Victor Frankenstein, the main character in Mary Shelley's *Frankenstein* novel. His psychological condition experiences anxiety and defense mechanism can be analyzed through Freudian's psychology.

Related to this case, this study aims to reveal Victor Frankenstein's anxiety and how he copes with that by using defense mechanism. This study uses qualitative approach to reveal Victor Frankenstein's anxiety and defense mechanism as depicted in the novel.

This study reveals that Victor Frankenstein experiences anxiety after he creates his creature. He experiences the reality anxiety because of his creature's appearance. The neurotic anxiety also occurs on him because he often expects something dreadful to happen. And the last, moral anxiety occurs because of his guilty feeling for his family's death. In order to reduce these anxieties, he uses *repression*, *reaction formation* and *projection* as tactics called defense mechanism.

ABSTRAK

Arnanta Putri, Oktaviani. 2015. **Kecemasan dan Mekanisme Pertahanan Victor Frankenstein yang tergambar dalam novel “*Frankenstein*” karya Mary Shelley.** Studi Sastra Inggris, Jurusan Sastra Inggris, Fakultas Ilmu Budaya, Universitas Brawijaya. Pembimbing I: Fariska Pujiyanti, ; Pembimbing II: Scarletina Vidyayani Eka

Kata Kunci: Psikoanalisis, Psikologi Freud, Kecemasan, Mekanisme Pertahanan

Psikoanalisis berguna untuk memahami tingkah laku manusia. Psikoanalisis berguna juga untuk memahami tingkah laku manusia di dalam karya sastra. Studi ini menganalisis peran utama dalam novel karya Mary Shelley yang berjudul *Frankenstein, Victor Frankenstein*. Keadaan psikologinya yang mengalami kecemasan dan mekanisme pertahanan dapat dianalisis melalui psikologi Freud.

Sehubungan dengan ini, studi ini bertujuan untuk mengungkap kecemasan Victor Frankenstein dan cara dia untuk mengatasinya dengan mekanisme pertahanan. Studi ini menggunakan pendekatan kualitatif untuk mengungkap kecemasan dan mekanisme pertahanan Victor Frankenstein seperti yang tergambar di dalam novel.

Penelitian ini mengungkap bahwa Victor Frankenstein mengalami kecemasan setelah ia menciptakan monsternya. Dia mengalami kecemasan realitas dikarenakan penampilan ciptaanya. Kecemasan neurotik juga ia alami karena suatu dugaan buruk yang akan terjadi dimasa depan. Dan yang terakhir, kecemasan moral ia alami dikarenakan rasa bersalah dengan kematian anggota keluarganya. Untuk meredakan kecemasan-kecemasan ini, ia menggunakan repression, reaction formation dan projection sebagai bentuk dari mekanisme pertahanan.

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