

GROWING INNOVATION AND CREATIVITY OF NUSANTARA KKN STUDENTS IN TRAUMA HEALING IN MANGGA TREE HAMLET, SALAHUTU, CENTRAL MALUKU

Muhammad Permadi

IAIN Surakarta

Abstract

Keywords:

Innovation,
Motivation, and
Trauma Healing.

This article reveals the innovation and creativity of KKN Nusantara 3T students in trauma healing in the Dusun Pohon Mangga. At the Tulehu Pohon Mangga before the disaster struck, the mentality of the community itself was afraid and worried over the earthquake that hit their village. The innovation and creativity of the Nusantara KKN students is to provide educational assistance to the community (Trauma Healing) which has an impact on the earthquake, so that the community no longer experiences prolonged trauma. The result of this research is that through the form of a work program carried out, the Trauma healing that is presented is able to restore the community from various backgrounds, ranging from children, adolescents and youth, to adults. During the 3T Nusantara Community Service in Dusun Pohon Mangga, the earthquake trauma recovery manifested through various activities and work programs was carried out well. KKN students have successfully overcome various problems and obstacles during KKN, both internal and external. Various problems and obstacles can be controlled and resolved with strategic and solution steps armed with the knowledge on campus and the experience of each student.

Correspondence:

e-mail: mohammadpermadisholeh@gmail.com

Introduction

Dusun Pohon Mangga is located in Tulehu Country. Tulehu is a village in the district Salahutu, Maluku Tengah Maluku and becomes the entrance for people from the seram islands, Saparua, nusalaut, my heart, and other islands that access Ambon city. Here there is a port of tulehu (Port Of Airport).(Huang 2020).This village is located not far from the center of Ambon City, about 24 km away. The position of Tulehu Village is between Suli Village and Waai Village.

All countries located in Salahutu include coastal areas. The average height of the country is 20.83 masl. The altitude in the area averages 34 m asl., Meanwhile, Seram has the lowest average height of 8 meters above sea level. The highest peak in the sub-district is the mountain with the same name. Conflict in Ambon '98, there were thousands of hectares of forest around the mountain that were eaten by the red rooster. On December 19, 2010, Ambon city nature lovers supported by the Salahutu forestry service and the Maluku BKSDA conducted forest planting around Mount Salahutu. They then did reforestation with 1,000 mango, rambutan and linggua trees.(“https://id.wikipedia.org/wiki/Salahutu,_Maluku_Tengah” 2020)

The dense population makes the area in the Pohon Mangga very crowded, and the economy is also very fast. Moreover, there are 12 Elementary Schools (SD), State MI, State Mts, State Senior High Schools, State MAs and even Darussalam University. After the arrival of the Earthquake, which amounted to 5100, the economy of the community has deteriorated, and many have even lost their livelihoods.

BMKG, revealed that the cause of the 6.8 magnitude earthquake in Ambon was later decided to be 6.5. The cause is the presence of rock deformation with the movement of the horizontal fault structure on the ground.

Meanwhile, the Head of BMKG Daryono revealed that the modeling results showed that an earthquake had no potential for a tsunami. The earthquake that occurs must pay attention to the location of the epicenter and the depth of the hypocenter, and know that the earthquake that occurs is a shallow type of earthquake due to local active faults. (Izaak Mulyawan 2019)

This research is the first time it has been studied because it relates to the innovation and creativity of KKN Nusantara 3T students in Maluku, precisely in Dusun Pohon Mangga, which is related to the work programs carried out during community service in the hamlet. Why does this need to be researched and studied, because there are several innovations and creations that have never been carried out by several students who are united in the Nusantara KKN which is attended by several PTKIN agencies throughout Indonesia. The results of this Nusantara KKN are in the form of mental and non-physical approaches. That will spur the spirit of spirituality carried out by communities affected by the earthquake. Therefore, KKN which is based on a person's mental improvement must be continued because this is very important.

The strong culture in the Pohon Mangga village is hadroh. The youth of the Pohon Mangga Village have a hadroh team that often appears at folk events. The challenges experienced include language differences being one of them. Although it doesn't have a big impact, language must also be taken into account. Different languages make communication and interaction with the community difficult. So that miscommunication is very common. Second, while at the location and carrying out KKN, Tulehu village was experiencing problems in its government. KKN participants as third parties who do not want to be involved are even affected by the political dynamics in Tulehu Village. Third, there are problems among the community. In this case, for example, the youth of RT 1 are not very

harmonious with the youth of RT 2. This kind of situation will certainly affect the realization of work programs. because almost all work programs require an active role of youth. Fourth, heterogeneous communities. Apart from being made difficult by the inconsistencies between RT 1 and RT 2, KKN participants were also made more difficult by the presence of a new community group, namely displaced people who were not actually permanent residents of the Dusun Pohon Mangga.

The growth of innovation and creativity of KKN Nusantara 3T students in Maluku, which coincides in the Mangga Village Hamlet, Salahutu District, Central Maluku Regency, is something that must be done so that Community Service in the 3T area (Frontier, Outermost and Disadvantaged) is successful and there are no obstacles. Several work programs have been launched to provide success with what will be applied in the Pohon Mangga community. With that, the Trauma Healing Program will succeed.

Trauma Healing itself aims to provide entertainment and psychological support so that it can minimize the traumatic impact faced by a disaster. (Mulyasih, Rahmi 2019) The growth of innovation and creativity of students of KKN Nusantara 3T in Maluku is through work programs carried out in the community of Dusun Pohon Mangga, Tulehu, Salahutu, Central Maluku, Maluku.

Service Method

This Community Service activity in the form of Community Service Program was carried out in the Salahutu Tree Village, Maluku Tengah Maluku. The method of implementation in Trauma Healing is:

1. Psycho-Social Method

According to ARSR psychologist Irene Sirait, the social psychology method is a part of the process of making a living again

with social activities that are usually carried out before a disaster occurs. So that by repeating these social activities, it will be part of the trauma repair process that has occurred.

“This psycho-social process consists of all aspects of life, social and education. Not only academic education but also education for noble values, and also related to one’s spiritual values.

Earthquake disasters will not stop human life (people). But how can humans be able to revive the activities they used to do every day. This will certainly help disaster victims to gradually recover. This method can be done from children to parents level.

Several countries have experienced trauma healing. Social psychologists are considered to be effective in overcoming trauma caused by natural disasters and have long-term effects.(SEPTIAN / ft. TRISNO 2018)

Psychologically, everyone needs to be prepared for disasters, including (1) increasing the critical power and rationality of the citizens by increasing the ability of citizens to be able to distinguish facts and analyzes. (2) understand and are able to take the steps that must be taken when facing a disaster. (3) able to surrender totally to the creator. (Koentjoro 2007)

Students of KKN Nusantara 3T in Maluku, are very enthusiastic about assisting several residents in the Desa Mangga hamlet, a lot of satisfaction is obtained by local residents. Activities that make them happy include children at the level; Koran, competition, and reading. Youth level; dangdut ball competitions, areca climbing and so on. Parent level; ladies tug-of-war competition.

Mr. Adam as a community leader revealed that the arrival of Nusantara KKN students made the atmosphere in this hamlet happy and happy, in his geguyonan “Nusantara KKN students are expected not to come home, but just stay here”. And according to him, after social psychology assistance was carried out, the residents, especially

children who had experienced trauma, are now gradually recovering.

Result and Discussion

All work programs on innovation and creativity of Maluku KKN Nusantara 3T students are basically a representation and manifestation of the theme of KKN Nusantara 3T itself, namely trauma healing. Trauma Healing is one of the main needs, especially for disaster victims, with trauma healing therapy, it is hoped that victims can gradually recover from the trauma they have experienced in their life. There are four techniques that can be implemented to overcome trauma in children, including: Relaxation Technique, which is an aid for children until the child becomes comfortable with his body and soul. Techniques to express emotion for children, Recreational Techniques with fun activities and involve physical, mental, social, and emotional aspects.(Citra Widyastuti, lailatul widha 2019)

To overcome traumatic problems due to disasters, children who are victims of disasters, such as: earthquakes and so on, need to get special learning and education. One of them is through games that meet the needs of stable emotions and warm communication between families and children who are victims of natural disasters.(Dwi Utari Nugroho, Nurulia Unggul, Nur Sinta Rengganis 2012)

Each work program that has been agreed upon has certain achievements. The results to be achieved from each program vary, depending on the target community, and the model or type of work program. The results to be achieved from each program are used as a reference in the implementation and realization of work programs in the community. The direction of application of the work program must be in accordance with the targeted objectives.

Work program	Aim
Work Program Socialization	<ul style="list-style-type: none"> • Promote work programs to the community • Discuss community work programs • Become a medium for the community in offering or removing certain work programs. • Accommodating community aspirations regarding work programs
Taman Nusantara	<ul style="list-style-type: none"> • Increase children's interest in reading • Regrowing children's enthusiasm and interest in learning after the earthquake • Caring for the joy of children after the earthquake • Reducing the sense of trauma in the psychology of children
Activating Youth Mosque	<ul style="list-style-type: none"> • Fostering an organizational spirit in youth • Assisting mosque administrators in carrying out mosque functions • Become a mediator between youth and mosques • Enliven and prosper the mosque
Social service	<ul style="list-style-type: none"> • Creating a clean and trash-free environment • Raising public awareness about the importance of cleanliness after the earthquake
Earthquake Mitigation & Hoax Handling Dissemination	<ul style="list-style-type: none"> • Increase public insight and knowledge about earthquakes and hoaxes • The public understands how to deal with earthquake and hoax situations • To provide clarification for the public regarding news of earthquakes and other calamities circulating among the community after the earthquake
Community visits and censuses	<ul style="list-style-type: none"> • Heard public complaints directly • Know every obstacle after the earthquake • Collecting data • Reducing the sense of trauma caused by the earthquake

Teaching PAUD & SD	<ul style="list-style-type: none">• Increase children's insight and knowledge about earthquakes and hoaxes• Regrowing children's enthusiasm and interest in learning after the earthquake• Caring for the joy of children after the earthquake• Reducing the sense of trauma in the psychology of children• Re-growing children's optimism to continue school after the earthquake
Tutoring	<ul style="list-style-type: none">• Increase children's insight and knowledge about earthquakes and hoaxes• Regrowing children's enthusiasm and interest in learning after the earthquake• Caring for the joy of children after the earthquake• Reducing the sense of trauma in the psychology of children• Re-growing children's optimism to continue school after the earthquake• Facilitating and assisting children in understanding school lessons
Outbound	<ul style="list-style-type: none">• Caring for the joy of children after the earthquake• Reducing the sense of post-earthquake trauma in children's physiology• Increase cohesiveness and a sense of brotherhood through play
Teaching TPQ	<ul style="list-style-type: none">• Maximizing the function of the TPQ as a religious education organization in society• Assist the TPQ in teaching• Increase the spiritual spirit of children after the earthquake• Reducing the sense of post-earthquake trauma in children's physiology
Adhan	<ul style="list-style-type: none">• Assisting mosque administrators in carrying out mosque functions• Increase public awareness to worship after the earthquake• Enliven and prosper the mosque

Kultum ba'da maghrib	<ul style="list-style-type: none"> • Enliven and prosper the mosque • Increase public insight and knowledge about earthquakes and hoaxes from an Islamic perspective • Increase the religious awareness of the community • Increase the spiritual spirit of the community
Clean up the mosque	<ul style="list-style-type: none"> • Enliven and prosper the mosque • Assisting mosque administrators in carrying out mosque functions • Increase the religious awareness of the community • Increase the spiritual spirit of the community
Friday sermon	<ul style="list-style-type: none"> • Enliven and prosper the mosque • Increase public insight and knowledge about earthquakes and hoaxes from an Islamic perspective • Increase the religious awareness of the community • Increase the spiritual spirit of the community after the earthquake
Recitation with the Ta'lim Council	<ul style="list-style-type: none"> • Maximizing the function of Majelis Ta'lim as a religious education organization in society • Increase the religious awareness of the community after the earthquake • Increase the spiritual spirit of the community after the earthquake
Yasinan KKN Nusantara Participants	<ul style="list-style-type: none"> • Increase religious awareness • Increase spiritual spirit • Caring for and maintaining brotherhood among fellow KKN participants
Sports	<ul style="list-style-type: none"> • Increase brotherhood between youth and society • Reducing the sense of trauma caused by the earthquake
Arts (Singing and Hadroh)	<ul style="list-style-type: none"> • Introducing and maximizing local arts in the community • Reducing the sense of trauma caused by the earthquake • Increase brotherhood between youth and society

Tourism	<ul style="list-style-type: none">• Reducing the sense of trauma caused by the earthquake• Increase brotherhood between youth and society
Morning exercise	<ul style="list-style-type: none">• To raise awareness of the importance of maintaining health after the earthquake• Reducing the sense of trauma caused by the earthquake• Increase brotherhood between youth and society

The entire work program above is targeted to be realized within 1 month according to the time given in the KKN Nusantara 3T. So that in its application, fixation and adjustments are made between one work program and another work program that innovates and is creative. In all the work programs that are running, it encourages students to be able to think by providing innovation and creation, so that the work program can make traumatized communities gradually disappear and heal.

Conclusion

Earthquake trauma recovery that is manifested through various activities and work programs has been carried out well. KKN students have successfully overcome various problems and obstacles during KKN, both internal and external. Various problems and obstacles can be controlled and resolved with strategic and solution steps armed with the knowledge on campus and the experience of each participant.

Even though children are the main focus of trauma recovery activities, the target of the work program is to embrace all groups of people of all ages as much as possible. So that each work program is designed and adjusted in such a way as to be able to touch all circles of society.

Work programs that have been realized have succeeded in achieving targets as targeted, both socially and spiritually. The various programmed activities have succeeded in returning the enthusiasm and cheerfulness of the people of Desa Pohon Mangga, so that the target for trauma recovery due to the earthquake can be said to have been achieved well.

The community is very supportive of every activity and work program that is carried out. This is evidenced by the involvement and enthusiasm of the community in the success of any work program, whether from children, adults, especially youth.

Bibliography

https://id.wikipedia.org/wiki/Salahutu,_Maluku_Tengah March 08, 2020

Huang, D. (2020, April 12). Tulehu, a football village that has produced Indonesian national team players from <https://deddyhuang.com/2020/04/12/kampung-tulehu/>

Koentjoro, Andayani, Budi. (2007). "Disaster Area Recovery: Manifestation of Trauma Healing through Psychological and Spiritual Activities. UNISIA No. 63, accessed August 17, 2020.

Mulyasih, Rahmi. Dinarizki, Liza. (2019) Trauma Healing Using the Play Therapy Method for Children Affected by the Tsunami IN SUMUR District, Banten Province. 1:34, accessed August 18, 2020

Mulyawan, Izaac. (2019, Sep 27). BMKG Reveals the Causes of the Ambon Earthquake from <https://www.cnnindonesia.com/teknologi/20190927110826-199-434561/bmkg-disclosed-penyebab-gempa-bumi-ambon>

Nugroho, Dwi Utari. Excellent, Nurulia. Rengganis, Nur Shinta. Wigati, Princess Asmita. (2012, September). Petra School (Trauma Management) for Children Victims of Natural Disasters. 2:100, accessed August 18, 2020.

Septian, T. (2018, Aug 16). Psycho-Social Methods for Trauma Healing for Lombok Earthquake Victims from <https://www.pertamina.com/>

id/news-room/csr-news/metode-psiko-social-untuk-trauma-healing-korban-gempa-lombok

Widyastuti, Citra. Widha, Lailatul. Aulia, Arina Rijki. (2019, June). Play Therapy as a Form of Trauma Healing Counseling Handling in Early Childhood. 1:106, accessed August 17, 2020.