

## RELATIONSHIP COUNSELING SERVICES GROUP WITH ISLAMIC RELIGIOUS EDUCATION ACHIEVEMENT

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### Abstract

Group counseling services in guidance and counseling is one way to help achieve the goals of education. The purpose of this study to determine the relationship of group counseling services and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung. This research is a quantitative, descriptive study of quantitative and correlative shape. The population of the author in this study were students of class XI High School in East Lampung Purbolinggo which consists of 6 classes with a total of 214 with a sample of 32 students. The method used was a questionnaire, interview, observation and documentation. Technical analysis of the data that researchers use a formula of product moment. The results showed that count is greater than table at a significance level of 5% is 0.361 and 1% significance level is 0.463. Or  $0.463 < 0.603 > 0.361$ . The conclusion of this study is that the authors propose  $H_a$  accept that there is a relationship between the counseling group and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung.

**Keywords:** *Counseling, Learning Achievement, Islamic Religious Education*

### Introduction

School is a place of teaching and learning take place formally in the overall educational process. The learning process itself is a process to achieve the educational goals of behavioral changes in self-learners. Furthermore, in order to achieve the desired goal will require the guidance role of educators, both the guidance of subject teachers, classroom teachers, and guidance of the principal. Not in spite of the importance of the role of the educator mentioned above, guidance on counseling teachers was enough role in the process to achieve the educational goals. The purpose of education itself has clearly stated in Law No.20 of 2003 on National Education System. The goal is the national education serves to develop the ability and character development and civilization, aimed at the development of

students' potentials to become a man of faith and fear of God Almighty, noble, healthy, knowledgeable, skilled, creative, independent, and become citizens democratic and accountable. So, with the guidance and counseling services at the school is expected educational goals will be achieved well. In other words, the guidance is an integral part of the educational process and have contributed to the success of the educational process at school.

Implementation guidance is said to be good if the teacher guidance and counseling provide counseling and guidance services in accordance with the needs of their students. Both in career and learning. Group counseling services are guidance and counseling services that enable learners (clients) an opportunity for discussion and the

alleviation of the problems they experienced through group dynamics. Group counseling services have a relationship with the resulting student achievement. If the group counseling services has been awarded with both the results of student achievement would be good. Students are not experiencing difficulties in the learning process, so that it can produce high achievement.

Based on the pre-survey at the high school in Probolinggo, East Lampung, Services provided guidance and counseling teacher at the school is good. Teachers BK has been actively implementing 9 guidance and counseling services. All of these services have been implemented to improve the alleviation of students in achieving good performance results. The good service is not enough to support the achievement of student achievement at the school. Evident of student achievement are still relatively ample and even less in the field of Islamic education. The results obtained by the authors of the pre-survey of the results of interviews with school principals, teachers BK, Islamic religious education teachers and of seeing a student's grade.

Based on the above problems the authors wanted to investigate further on, "Relationship counseling services group and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung".

## **Theory**

### **1. Guidance Services and Counseling**

#### **a. Definition of Guidance and Counseling**

Guidance and counseling is an integral part of our education, given that guidance and counseling is an activity of the help and guidance provided to people

in general and students in particular in schools in order to improve their quality. Guidance and counseling is an activity which is based on human life. Guidance and counseling is derived from two words: guidance and counseling. Etymologically the word counseling is a translation of the "English" guidance ". The word "guidance" is the word in the form of mashdar (noun) derived from the verb "to guide" means showing, lead, or lead others to the beaten path. (Syamsul Munir Amin, 2013) "So the word"guidance" means the provision guidance, counseling or guidance to others in need. "According to (Prayitno and Erman Amti, 2004), defines the guidance is the process of assistance carried out by a person skilled to one or several individuals, both children, adolescents and adults. The aim is to develop the people who guided themselves and independent ability to harness the power of individuals and facilities that exist and can be developed based on the norms in force. "The meaning of guidance is also confirmed in the Government Regulation No. 29 of 1990 on secondary education was stated that: "the guidance is a relief given to pesrta students, in order to find a personal, familiar environment, and plan for the future. (Anas Salahudin, 2010)" "While Rachman Natawidjaja states: guidance is a process of giving assistance to individuals on an ongoing basis, so that people can understand him so that he could direct himself and can act fairly, in accordance with the demands and circumstances of the school environment, family and community, as well as life in general. (Syamsul Munir Amin, 2013) ".

Counseling is an integral part of the guidance. Counseling also is one of the techniques in the guidance.

Counseling is at the core of the guidance. As the core or heart activity guidance, counseling practices could be considered yet if no counseling. "(According to Tolbert in Prayitno and Erman Amti, 2004), counseling is a personal relationship that is done face to face between two people in which the counselor through them with special abilities it has, provides a learning situation. In this case counselees helped to understand yourself, the current state and possible future situation that can be created by using the potential, for the sake of personal and community welfare. More counselees can learn how to solve problems and find needs that will come.

"The meaning of guidance and counseling in the above formulated separately, but in practice guidance and counseling is not really separated especially if it is understood that the counseling is one technique guidance. In addition, the integration between guidance and counseling can be seen from the statement that when doing counseling, meaning he was giving guidance. "Guidance and counseling is the process of assistance or aid systematic of mentors (counselors) to the counselee (students) through face to face meetings or reciprocal relationship between them to uncover problems counselees so counselees able to see the problems on their own, able to accept himself up to his potential and is able to solve its own problems that it faces. (Tohirin, 2009)". Furthermore, according to (Yesilyaprak 2009), counseling and guidance services help the individual to know and understand himself, accept his superior and limited features and develop him self, trusts himself, develop effective interpersonal relationships, Become a personally and socially balanced and harmonious individual.

Meanwhile, according to (Akpan in Felicia Modo, 2014), Guidance and Counseling According is an educational service that seeks to provide the school the child the opportunity to Obtain a holistic educational development that prepares him for functional life.

Based on the description of the guidance and counseling of the above, can the authors conclude that guidance and counseling is the process of assistance carried out by a tutor to the individual (student), in identifying and solving the problem at hand, so that every student is able to develop itself optimally in accordance with abilities, interests and talents, so that the learning outcomes in schools can be improved by either, in accordance with the norms in force.

#### **b. Purpose of Guidance and Counseling**

The general objective of guidance and counseling is to help individuals develop themselves optimally in accordance with the stage of development of self-optimally match the developmental stage and predisposes incorporated (such as basic abilities and talents), a variety of backgrounds that exist (such as Family's background, educational status socio-economic), and in accordance with the guidance of a positive environment. (Prayitno and Erman Amti, 2004). While specifically, "guidance and counseling aims to help learners to achieve development goals that include personal-social aspects, learning (academic), and career". (Syamsu Yusuf and A 2010)

#### **c. Function of Guidance and Counseling**

Services counseling and guidance to carry out a number of functions are

going to be met through the implementation of guidance and counseling. The function of guidance and counseling that much. According to (Prayitno and Erman Amti, 2004) In view of the usefulness and benefits, what is gained through guidance and counseling services then the function can be grouped into four: The function of the understanding, prevention Function, Function alleviation, maintenance and development functions.

#### **d. Forms of Guidance and Counseling Service**

Guidance and counseling services in primary and secondary education, is none other than to support the development of students who are undergoing training at the level to get a good performance. An activity called guidance and counseling services if they are carried out through direct contact with the target service (client), and directly with respect to issues of particular interest or perceived by the service target. The service forms according to (Tohirin 2009) is: Service Orientation, Information Services, Service Placement and Distribution, Service Learning (Mastery Content), Counseling Services Individual Tutoring Service Group, Service Group Counseling, Consulting Services, Mediation Services.

## **2. Group Counseling Services in Guidance and Counseling**

### **a. Definition of Group Counseling Services**

Group counseling services to include a number of participants in the form of a group with a counselor as the leader of the group's activities. According to (Samsul Munir, 2010) "group counseling services allows

learners the opportunity for discussion and the alleviation of the problems experienced by the group dynamics". Counseling group dynamics enable the group to discuss various things that are useful for personal development and problem solving of individual students who participated in the service. While according to (Prayitno, 2004) "group counseling services is basically executed individual counseling services within the group. There is no counselor (which amount may be more than one) and existing clients, namely the members of the group (of which at least 2 people) ". Gazda in (Prayitno, 2004) further confirms that the group counseling services are a very good way to deal with interpersonal conflicts and assist individuals in developing personal abilities recording (eg, self-control and tolerance). Based on the description of the group counseling services above it can be concluded that the counseling service is a service provider group of students in the rock to its operate in groups in order to achieve optimal development.

### **b. Objectives and Content Services Group Counseling**

In general guidance and counseling group aims to develop social skills, especially the ability to communicate (Tohirin, 2009). specifically by Prayitno (in Tohirin 2009) the purpose of group counseling services are the two first berkembangnya feelings, thoughts, perceptions, insights and attitudes directed towards behavior in particular and to socialize and communicate. Second, the fragmentation problem of the individual concerned and obtaining effect solving such problems for other individuals who participated in the service. Group counseling service to discuss personal

problems experienced by each member of the group. In turn members of the group freely express his personal problems, then selected which will be discussed and sought beforehand and so on.

#### **c. Mechanical Services Group Counseling.**

In general, the techniques applied in group counseling services can be applied in group counseling services. Some techniques that can be used in group counseling services is a common technique (development dynamics of the group) and engineering group games (Tohirin, 2009).

#### **d. Supporting Activities Group Counseling**

As with any group counseling services and other services, group counseling services also requires complementary activities, such as the application of instruments, data sets, case conferences, home visits and hand over the case (Tohirin, 2009).

#### **e. The implementation of Group Counseling Services**

As group counseling services, counseling services group is also taking steps as follows: planning, implementation, evaluation, analysis of the results of the evaluation, follow-up and reporting (Tohirin, 2009).

### **3. Islamic Religious Education Learning Achievement**

#### **a. Learning Achievement Understanding Islamic Education**

The education can not be separated with the problem of learning achievement. The learning achievement is a result of assessment of teachers to

students after learning activities within a certain time. The learning achievement are two words that have special meaning. In a large dictionary Indonesian, "Achievement is the result that has been achieved (of that has been done, done, and so on)" (KBBI, 208). Meanwhile, according to (Slameto, 2003) learning is a process attempts person to obtain a new behavior changes as a whole, so that the result of his own experience in the interaction of the environment. Meanwhile, according to Winkel (in H.Yatim Riyanto, 2010) "learning is a mental activity / psychic that takes place in an active interaction with the environment, which resulted in changes in knowledge-understanding, skills, attitudes and values". In accordance with the description of the sense of achievement and learning beyond the purposes of learning achievement is the results achieved in a business and learning activities. Meanwhile, according to (Oemar Hamalik, 2003) "The learning achievement of an indicator and the degree of change in student behavior". Based on the above opinion can be concluded that learning achievement is the results that have been achieved by students in the form of changes in knowledge, attitudes, understanding, skills, obtained through a series of activities carried out consciously, within a certain time, which is expressed in terms of values or figures, changes in behavior, meaning that the achievement of good three aspects affective, cognitive and psychomotor.

Education is a conscious effort, regularly and systematically, by an adult in order to provide guidance to students towards a better direction. (Ramayulis 2010) expressed his opinion that, Islamic religious education is a conscious and deliberate effort to prepare students to



recognize, understand, appreciate, believe, fear Allah morals noble practice the teachings of Islam from its main source of the holy book Quran and al-Hadits, through guidance, teaching practice, and the use of experience. Islamic religious education is education through the teachings of Islam, namely in the form of guidance and care to students so that later after completion of education he or she can understand, appreciate and practice the teachings of Islam which has been believed to be thorough, and make the teachings of Islam as a philosophy of life for the safety and welfare of the world and in the hereafter (Zakiah Daradjat, 2008).

Based on the description that has been the author pointed out above it can be concluded that the achievement of Islamic education is the results that have been achieved by students in the subjects of Islam through the efforts of the guidance of an educator to students who do consciously and systematically, so that it can meet the needs of personal and social life in accordance with the teachings of Islam in order to prosperity of life in this world and hereafter. Furthermore, with this assessment can be seen overall student achievement with the achievement of complete and incomplete.

#### **b. Factors Affecting Learning Achievement**

someone achieves academic achievement is the result of the interaction of various factors that influence both within (internal factors) as well as from outside (external factors) individuals. The factors that affect the learning achievement by (M. Dalyono, 2009) are: Internal factors (which comes from within), namely health, intelligence and aptitude, interest and motivation,

learning, External Factors (who come from outside) ie family, school, community, neighborhood. Meanwhile, according to (Syaiful Bahri Djamarah, 2002) factors affecting learning achievement are: External factors include: the environment, the natural environment and socio-cultural as well as instrumental as the curriculum, programs, equipment and facilities, teacher. Factor of the covering, physiological as physiological conditions, the condition of the senses, and psychological interests, intelligence, talent, motivation, cognitive ability.

#### **4. Relationship Counseling Service Group Achievement In BK With PAI**

Entire process of education in guidance and counseling program is a necessity that can not be separated from the general education program. Moreover, in the present situation, in which the function of the school or formal education institutions not only provide students with a stack of science, but also prepares students to meet the changing demands of fiber advances that occurred in the community. Change and progress would cause problems, especially for the students themselves, and generally for those involved in education. Furthermore, in guidance and counseling services counseling services are services that focus groups in terms of alleviation of students' personal problems through group dynamics.

In accordance with the above description notch group counseling services in the overall education program, is very important as one of the undertakings coaching learners solving problems. So with the group counseling

services in guidance and counseling in schools is expected to help improve learning achievement towards a better, through group counseling services. So it is evident that the group counseling services in guidance and counseling have contributed much to the improvement of student achievement, because with a group counseling services in guidance and counseling of students achieved an achievement learning will be high.

### Method

This research is descriptive quantitative and correlative shape. The population of the author in this study were students of class XI High School in East Lampung Purbolinggo which consists of 6 classes with a total amount of 214 with a sample of 32 students. The method used was a questionnaire, interview, observation and documentation. Technical analysis of the data that researchers use a formula of product moment.

### Research Results and Discussion

After the required data collected in this study collected then subsequently these data will be analyzed. The analysis process will be initiated by combining the data variable X about learning services in guidance and counseling and Y on the learning achievement of Islamic religious education class XI High School in East Lampung Purbolinggo Academic Year 2014/2015. These data are as follows:

$$\begin{array}{ll} N = 32 & X = 1625 \\ Y = 2356 & X^2 = 82\,607 \\ Y^2 = 174\,749 & XY = 119\,843 \end{array}$$

Later included in the product moment formula:

$$\begin{aligned} r_{xy} &= \frac{n \sum xy - \sum x \sum y}{\sqrt{(n \sum x^2 - [\sum x]^2)(n \sum y^2 - [\sum y]^2)}} \\ r_{xy} &= \frac{32 \times 119843 - (1625)(2356)}{\sqrt{(32 \times 82607 - [1625]^2)(32 \times 174749 - [2356]^2)}} \\ r_{xy} &= 0,603 \end{aligned}$$

Then, to test the criteria above hypothesis then determined in advance Df its formula  $df = N - nr$ ,  $df = 32 - 2 = 30$ , priced  $r$  count or calculation is greater than  $r$  tables on  $df = 30$ , either significant level of 5% or 1% significance level. Then the hypothesis is accepted, based on the results of research and processing of existing data then obtained  $r$  countin this study was 0.603. Based on the results of the consultation on  $Df = 30$  indicates that the value  $r$  table for a significant level of 5% was obtained 0,361 price and the significant level of 1% was obtained 0.463 price. So  $r$  count is greater than  $r$  table, either at significance level of 5% or 1% significance level, the null hypothesis ( $H_0$ ) is rejected and the alternative hypothesis ( $H_a$ ) is accepted. So this hypothesis says there is a relationship between services the BK group counseling and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung.

Based on the above test results turned out  $r_{xy}$  or  $r$  count is greater than  $r$  table, either at significance level of 5% or 1%. So the authors propose the hypothesis is accepted, which means that there is a relationship between services the BK group counseling and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung, while  $H_0$

hypothesis in this study was rejected. Furthermore, when seen from the table interpretation( $r$ ) product moment magnitude  $r_{xy}$  or  $r$  count is at level 0.603 from 0.600 to 0.799 means between variables X and Y correlation moderate or sufficient.

In accordance with the background of the problem and the theoretical basis of this research, which says that the guidance is an integral part of the educational process and have contributed to the success of the educational process at school. This means that the educational process in schools will not work properly if it is not supported by the implementation of the guidance is good anyway. This is consistent with the results of research by the author. The results of research by the author explains that there is a relationship between the counseling group and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung. So services the BK group counseling that have contributed to increasing student achievement, because service the BK group counseling is a service that allows students or learners to acquire the services in terms of the discussion and the alleviation of the problems experienced by students through group dynamics.

## Conclusion

Based on the analysis of data the authors obtained, then in this case the author can conclude the following: There is a relationship between the counseling group and the learning achievement of Islamic religious education in high school Purbolinggo East Lampung. This is evidenced by the results of correlation 0.603. These results indicate the presence of services group counseling a good that will help improve learning

achievement of Islamic religious education in high school Purbolinggo East Lampung.

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