

CAREER GUIDANCE SERVICES IN PREPARING MENTALLY HANDICAPED STUDENTS ENTERED THE WORLD OF WORK

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Abstract

This paper describes the method used or the way school counselor in providing assistance to students to determine the choice of the appropriate working with children who have mental handicapped so being able to prepare for entry into the environment work. The child's mental handicapped was the son who experience barriers on intellectual property. Education that may lead students to develop skills so that students can do the Polytechnic things independently after graduation from school. SLB Negeri Pembina Yogyakarta has the training program been ISO-standard skills, so being able to be used as another example of SLB. Education skills given to mental retardation, in addition to functioning selective, educative, therapist and creative can also serve as a provision of his life. Career guidance has a very important role for the sustainability of future students not only mental retardation as a container that is in charge of connecting students to be able to plan the future but can also be referring to the success of the child's mental handicapped entered the world of work. There are several methods in order to make a career of students mental handicapped can be guided by the method in groups, field trips, career day, exercise work (internship), demonstrations, experiments, and curricular activities. While individually i.e. career counseling and home visit.

Keywords: career guidance services, mental handicapped

A. Introduction

Mild mental handicapped Children can be referred to by the term mental handicapped children capable learners. They were given education and training for everyday life. Appropriate education for children with mental handicapped is the education that may lead students to develop the skills of their vocational potential in order for students mental handicapped can do everything independently after graduation from school. The independence of the function so that students can work independently mental handicapped as well as working with other companies.

The fact that there is an opposite of most people in General. Most people have a notion that children who have the disorder would not be able to do a job just like any normal person so as to make most mental handicapped children still

being unemployed. These problems are caused by a lack of understanding of the wider community about children in need special child considered that mental handicapped could not do anything. In addition there are a number of other factors, and among them are the competence of children in accordance with the needs of the business world as well as the industrialized world. Understanding employers of mental retardation is still very low, as well as mental handicapped children experience in the world of work is still very little.

Moreover, according to A. Said Hasan Basri (2014) in Indonesia, looking for a job is not an easy matter. The reality of life today's modern society puts a job as something very precious, because of lack of amount or the narrowness of available jobs compared to humans who need it. This triggered the high degree of competition and the competition to get the job opportunities, not to mention the qualification requirements of work that demands a variety of things like experience, skills and competencies that are appropriate. This would certainly be more difficult for difable including mental retardation.

Education skills given to mental handicapped, in addition to functioning selective, educative, therapist and creative can also be used as scrip in their lives (Milaret, 1993). Career guidance services have a very important role for the sustainability of future students not only mental retardation as a container that is in charge of connecting students to be able to plan its future but also can become a referrer for the success of the child's mental handicapped entered the world of work.

Career Guidance service is an activity and assistance services to students for the purpose of obtaining the adjustment yourself, understanding of the world of work and in the end was able to determine the choice of work and compiled a career planning (Rahma 2010). Career Guidance Services is a device, rather a systematic program, processes, techniques, or services which are intended to help individuals understand and do based on self introduction and the introduction opportunities in employment, education and leisure, as well as develop skills so that the decisions in question are able to create and manage the

development of his career (Manrihu, 1992). Career guidance service is an activity to help individuals understand the potential of the individual and the individual is also able to develop existing talent on himself so that the individual can determine his own career.

According to Walgito (2005) the goal of the career guidance services is to assist students to:

1. Understand and assess itself, especially with regard to the potential that exists within him, regarding the capabilities, interests, aptitude, attitude, and his ideals.
2. Aware of and understand the values that there are inside him and that exist in the community.
3. To know the various types of work related to the potential that exists within himself, knowing the types of education and training that is required for a particular field, as well as understand her business relations now with his future.
4. Finds the obstacles that may arise caused by yourself and environmental factors, as well as find a way to be able to overcome these obstacles.
5. Plan his future career and his life as well as finding matching, as appropriate.

There are several methods or ways used by counselors to help students career planning and a future they will face later on adapted to the abilities and interests of students. Teacher of guidance and counselling have methods to be able to lead to the student's career plans so that the required method of career guidance in order to the students were not wrong in choosing a career in accordance with the student.

The methods used should be adapted to the conditions of the students in a school environment. Similarly, the methods that will be used by school counselor for students of mental handicapped should be received well by the students. Career guidance methods there are two approaches to the engineering techniques group approach and techniques of individual approach. Method with the approach of the group can be:

1. A package of learning: Learning Package is one of the techniques in assisting students in understanding the various issues related to the self and the world career (Rahma 2010). The package consists of five packages, namely package self-understanding, package values, environmental understanding package, package obstacles and overcome it, and plan for the future.
2. Career Days: Career Days are days selected to carry out various activities related to career development (Rahma 2010).
3. Teaching Teaching units: units (units of teaching) is used as one of the techniques in assisting students in gaining an understanding of the career world. Examples include the "units of work in the Social Department", like chicken cattle and others. So students know the job directly in the workplace as well as the industry.
4. Home Room: Home room is the activities carried out in a room or classroom to career guidance activities.
5. Field trip: field trip is one of the techniques of presentation material with career guidance brings student visit objects that want to be studied, with the field trip students can get to know directly from the nearby about the situation of certain jobs.
6. Lectures from speakers, namely, how to provide information about careers, can be done by bringing in those sources (speaker) to the school to provide information related businesses, continuing education and such.
7. Exercises: exercises work is one of the techniques in the form of training activities provided to the students in a real working situation.
8. Curricular: the granting of career information can be done through curricular activities, i.e. identified with a particular area of study (Rahma 2010).

Career guidance methods specifically intended students mental handicaped is almost the same with career guidance methods in General with the ketambahan several methods, including:

1. Demonstration Method

Demonstration method is a method of presentation or delivery of teaching materials directly by showing a process, such as how the continuation or how to do something.

2. Group Teaching Methode (lecture)

Lecture method is lighting and the utterance orally by teachers or someone against the students. In the exercise of the lecture to explain his, teachers can use the helper tools like the picture but the main method of dealing between teachers with students is to talk.

3. Faqs Methode

Methods that shaped the questions are given to students and has been arranged in such a way that the student experience and knowledge that already exist can be utilized as well as possible.

4. Sosiodrama Methode and Role Playing.

Two methods can be said to be simultaneously and in its use is often misconstrued interpret. Sosiodrama is a method of playing of drama the way of behavior in social relationships, while playing the role of emphasizing the fact where students play a role include in start from within playing the problem of social relations.

5. Experimental Method is a method that operates on the activities of the students after the students observe something, then the students try to do activities. With such methods it is expected students can add to the knowledge/skills through direct experience of the activities undertaken.

6. Discussion Method. The discussion method is needed to confront the problem that can't be solved with a single right answer. All the answers are taken and preserved, where the most widely approached truth so with deliberation which democeates and drawn the conclusion (Knoer and Siti Rahayu Haditono, 1982).

While the method in individual approach can be implemented through counseling. Career counseling is an thecnique of career guidance through an individual approach in a series of interview counseling. Administering counseling

became one of the help to solve the problem of students career that could hinder the development of the student's career. In addition to career counseling there help with using the method of home visit. Home visit or also called home visits. Home visits are activities or supervising counsellors visit the residence student's parent or guardian. Home visits are only conducted on students in particular that it is necessary to know the situation in the House if it is a factor that can influence students (Rahman, 2003).

B. Discussion

From the results of the interview, observation, and documentation during the field obtained some information about the method or manner used by school counselor in helping students career of mental handicaped in SLB N Pembina. Classroom teacher is a teacher of guidance and counseling too, because in SLB N Pembina assumes that the both of them had the same role with the guidan and counseling. Classroom Teacher spend more time with students because the focus of the research on SMALB students who have been in the classroom for courses so the classroom teacher know student's career development or barriers seen on students.

There are several methods used to implement career guidance in preparing students of mental handicaped entered the working world in the SLB N Pembina are in groups and individually, among others:

1. Career Guidance Methods In Group

Career guidance methods a flocking SLB N Pembina Yogyakarta, namely, career day field trip, practice work (internship), method, method of demonstration experiments, and curricular activities.

a). Field trip

Method of field trip is one of the methods used by the teacher supervising to invite students in addition to refreshing of course as well as the learning outside the classroom by visiting the corporate world so that students know the better business corresponding to the majors or career future. Regular field trip

called the learning outside of classroom. The school provides an opportunity once a semester for a visit to the place of business as well as exhibitions relating to the respective Department.

Such as Fashion Department visits the corporate world to make batik, crafts, Department of "Boga" came to factory of making Cendol, Carica, Penia and others, while the ICT Department visit to electronic exhibitions.

b) Career Day

Career day is a method used to develop the talents of students so that capable of displaying or marketing the results of his own hands through the exhibition. Not only shaped the exhibition only occasional career day may also be doing entrepreneurship for students with works of students. Career day is definitely done every once a year i.e. Gebyar PKLK Centers of activity. PKLK Gebyar activities (special education and special services) that form the exhibition activities followed by all SLB in Yogyakarta, which includes event race for the whole of the SLB and will advance to the provincial level for that win it.

No less importance that career day activities including daily practice, because in SMALB N Pembina had become learning classes that focus on mastery of skills so that students spend more time in the classroom to do appropriate work practices the field Department.

c) Exercises work (Internship)

Exercise is a way of working that is used to train a teacher supervising students do work in the real business world, so students have the experience and the image of the world of work. The work is an exercise for students in the face of the workforce so that students already know what to do after graduate.

Work practice or commonly called internships usually held every second semester in grade 2 SMALB. Opportunities like this are not all students can feel it because there are some things that should be considered, including the following:

Adjusted funds from school, if possible hold the internship is only drawn a few students from each of at least 5 students vocational or it could be more depending on the funds of the school. Students who meet the requirements of

the following internships as well as independent can already do a good job and was proficient in their field so it only takes a little supervision.

There are usually parent who have a partnership with home industry itself then the school gives the freedom to practical work his own son with a cover letter from the school. Although adequate school funding, but otherwise there are no students that fit the criteria for an internship so that schools do not do an internship for one semester.

Internships conducted student mental retardation is not as done by most people. Students doing internships tailored to the capabilities of the students. It is not all businesses want to do a collaboration with part time working for students who have special needs. Nevertheless SLB N Pembina has business partners so that they can channel student internships. There are several business partners who work with SLB N Pembuna such as Packing of Sidomuncul, Soto inn, car and motor repair shop, a laundry, convection motors and others.

Internships are also conducted when students attend training after graduating from SMALB, but the teachers supervising students may give priority to their own entrepreneurship with parents at home because seeing real life that not all of the industrialized world can receive student mental handicapped to work.

d) Demonstration Methods

The demonstration is a method or a way of supervising teachers used to perform a particular job so that all students can see and can emulate, and follow with a phased completion. With such methods can make students understand clearly how to do a job properly and well.

This method is used to simplify the class supervisor teachers students mental retardation do and make something according to their Department. Supervising teachers majoring in fashion will provide examples and demonstrate creating a cempal after the explanation in early learning. When the teacher demonstrated then the students pay attention to properly stage by stage, as well as majors did the same thing.

e) Experimental Methods

This one method used by each teacher supervising classes to develop the talents of students so that students are more creative and acceptable to the business world. Usually this method is used to measure the ability of the teacher who owned by students. If it is reasonably capable of doing its job properly and then it is not wrong assignee which should not target competencies should be achieved for the students themselves.

Just as students are at a level SMPLB if students are able to do the indicators of competence to be achieved with good then students can go up a level in accordance with its capabilities, such as examples of student SMPLB class 1 smoothly completed its work quickly then the teachers of these students in the Urals grade 2 competencies so that although it is reasonably capable of performing SMALB then the teacher puts students at the SMALB level of competence but before that taught the basics at the level SMPLB (Marlinda, 2016).

f) Curricular

Curricular activities organized schools to explore the potential of students in other fields so that the visible skill or talent which is more dominated by students so the students have other alternatives to determine job later.

2. The Method of Career Guidance Individually

The method is carried out not only in the group but there is also a method of individually. Many students who have mental handicaped issue in itself and sometimes students itself can not be expressed so that it becomes a barrier in his career as well as in their learning. Then the individual method in needed career guidance, Career Counselling, namely, and Home Visit.

a) Career Counselling

Counseling done by teacher, and counselors became a teacher and more dominant in the process of counselling. Counselors tend to be a direct way counseling, but will keep it to make clirn autonomy with their ouwn self to be able to solve the problem on its own.

Supervising teacher usually take responsibility to the give counseling early in classroom of SLBN Pembina. If the problem is still not resolved then it will be redirected to the school counselor. Counseling had not been directly handled by the school counselor. Because the superviding teacher in classrome more knowing the activity until the problems occurred in students.

b) Home Visit

Home visit is one way of school counselor used to the purpose of finding out information from families with a direct visit or call the parents to the school for the requested information that will answer the problems occurred on the students.

This method is used to find out which teachers BK factor that caused the problems occurred in students that likely caused by family environment or the environment around her impact on State behaviour as well as psychic students itself.

Usually a home visit done in schools when meeting with parents of students so parents called by teachers and given the BK related information with students so parents are aware of the problem. Parents will give students information on the home and home environment around students so it would seem some of the factors that cause the problems of students.

C. Closing

The study of related career guidance methods that exist in the SLB N Pembina there are several methods which are divided into 2 method, i.e. the group method and the individual methods. A variety of methods performed by the supervising teacher in classroom or school counselor has a goal, in addition to developing the student's career as well as a way to make students become independent, could having their own entrepreneurship.

Supervising teacher or teachers emphasize not BK students to be able to get a job in the corporate world as well as industry but more teacher directs students to entrepreneurship can own. The existence of career guidance methods

can provide shade as well as a description of the business world that corresponds to the field majors students.

There are still many obstacles that occur among students of mental retardation that is less confident and students mostly minder with deficiencies in them so that students are not able to demonstrate the talent but no less with the ability of normal students others.

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