

**Cover letter**

**January 10, 2016**

To.  
Editor in Chief  
International Journal of Integrated Health and Science

Dear Sir,

Please find the submission of our manuscript,

**Response of Long-Term Memory to Molecular Changes of BDNF in Hippocampus  
in Various Intensities of Physical Activity**

which we would like to submit for publication in the International Journal of Integrated Health Science. Herewith, we also attached *3 sets of manuscript (hard copy) and 1 CD (soft copy)*.

Author and all co-authors have seen and agreed with the contents of the manuscript and there is no financial interest to report. We certify that the manuscript submitted is an original work and is not under review at any other publication. We thank you for considering our manuscript for publication in the International Journal of Integrated Health Science and look forward to hearing from you at your earliest convenience.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'Lubis', enclosed within a circular scribble. A long horizontal line extends from the right side of the signature.

Dr. Leonardo Lubis, dr., M. Kes., AIFO