



## Students' Sexual Identity Based on Interest, Style and Behavior

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### Abstract

The right sexual identity, if a person is interested to the opposite sex. In fact, there are still some students who are known as homosexual. This article is aimed to define the sexual identity of students based on behavior, style and interest. This study utilized quantitative approach with descriptive type. The populations of the research were students of Universitas Negeri Padang 2017 and 2018 generation in amount of 15.752, and sample counted were 385 students (by using Taro Yamane formula and continued with *Multistage Random Sampling Technique*). The researcher employed instrument which is Sexual Identity scale, model *Gutman*. After being analyzed with descriptive technique, the researcher got result that generally students tended to identify their sexual identity as heterosexual based on interest, behavior, and style. Counselor is hoped to be able to help students whom are identified as homosexual to the right direction(heterosexual) by giving counseling services needed by sexual identity.

**Keywords:** Sexual Identity, Interest, Style, Behavior

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## Introduction

Sexual identity refers to how a person think about themselves and sometimes it can be changed (Joloza, Evans, O'Brien & Potter-Collins, 2010). Which means, sexual identity is the point of view of the person toward the same or opposite sex. Sexual identity has 3 important components; biological sex (male/female), *social sex-role* for instance, behavior, style, and character, habit and sexual orientation (homo/hetero) Shively & De Cecco (1997). However, an individual who has wrong sexual identity (homosexual), because the normal sexual identity is heterosexual, while homosexual is considered as sexual deviation (Yudiyanto, 2017).

The research done by Green showed that from 37 samples, there were 20 students who had homosexual identities even doing transexual (Green, 1978). Besides that, data from Integrated Household Survey (IHS) in England, there were 1% adults or 481.000 people identified themselves as gay or lesbian (homosexual) (Joloza, Evans, O'Brien, & Potter-Collins, 2010). The survey in United State also stated that 3,5% adults in United State identified their sexuality as lesbian and gay (Gates, 2011). In research of Arus Pelangi that 89,3% Indonesian people were LGBT Community who suffered from violence because of their sexual identity (Michael & Kleden, 2018).

In Indonesia, there were also individual who are lesbian and gay, which were 89,3% of LGBT Community who had healthy problems (Michael & Kleden, 2018). In addition, the survey of LGBT behavior in West Sumatra in 2018 done by research and development institution of West Sumatra also indicated that 12,9% respondents had sexual identity as lesbian, 46,3% were gay, 27,9% were bisexual and 12,9% admitted that they were transgender(Alfitri & Wahyudi, 2018).

The maladjustment of sexual identity owned by individual toward their sexes will impact to him/her self. One of the effects that happen is that person might fall into LGBT behavior, because that person has sexual identity disorder caused by transgender behavior in the early age, like dressing and playing only with the opposite sex (Davison, Neale & Kring, 2004). Beyond that, the person who is LGBT will experience gap in health (Dean, et al., 2000; Russell, Franz, & Driscoll, 2011; Russell & Seif, 2001; Bontempo & d' Augelli, 2002; Russel, 2006; Ziyadeh et al., 2007). The following condition, is able to make a person insulted from society.

Not only that, the person who is homosexual also has feeling of fear and forced to stop studying (school). This could happen because a homosexual person is feeling afraid if his/her identity is revealed. (Dacholfany, 2017).

The result of the study points out that the maladjustment of sexual identity from individual will give bad effect for life. So that, researcher is interested in conducting this study concerning about sexual identity toward college students based on behavior, style and interest.

## Method

In attaining the data, descriptive research with quantitative approach was used. The population of the research was students of Universitas Negeri Padang, 2017 and 2018 generation in amount of 15.752 students and it was revealed that 385 students by using Taro Yamane formula and continued with *Multistage Random Sampling Technique*. The instrument utilized is Sexual Identity scale with *Guttman* model. The data was analyzed with descriptive technique.

## Results and Discussion

Based on the result of sexual identity data of students there were 385 whom were the respondents of the study, it can be seen from the students sexual identity profile in Table 1.

**Table 1. Students Sexual Identity Based on Behavior, Interest and Style**

No	Indicator	%	Explanation
1	Behavior	90,13	Heterosexual
2	Style	96,27	Heterosexual
3	Interest	87,57	Heterosexual
	<b>Total</b>	91,3	Heterosexual

The table above shows that generally students who are heterosexual, based on behavior indicator is 90,13%, style is 96,27% and interest is 87,57%. Basically, students have normal sexual identity that get interested to the opposite sex (heterosexual).

According to Eser & Çeliköz that sexual identity is the perception of individual and acceptance of body and him/herself in certain sexuality, and the organization is based on the emotion and behavior (Eser & Çeliköz, 2009) . For instance, perception of man and the acceptance of himself as a male, and his tendency to a woman. This is suitable with the opinion of Yudiyanto that the normal sexual identity is if an individual has sexual orientation- heterosexual, while homosexual is counted as sexual orienting disorder (Yudiyanto, 2017). Which means, a normal person will be interested to the opposite sex both in behavior, style and interest from an individual. Sexual identity is formed by parent and experience from past (Siyoto, 2017). This means, if an individual is homosexual, it might be because of the wrong education from parent in the early age. For example , if a kid is dressed in the opposite sex, that kid will dress like the opposite sex and make the child identified him/herself not based on the real sex, so that the kid has interest to the same gender. In order that an individual is able to identify the sexual identity well (heterosexual), parents should give sex education in the early age for children. It is based on the research done by Wahyuni (Wahyuni, 2009) with the title “The Role of Parents in Sex Education fro Children to anticipate LGBT”, The research describes that parents have a very big role in giving sex education in the early age for children in preventing LGBT as the wrong sexual orientation which is by explaining sex problems completely to the children and parents also watch the kids about sex.

The right sexual identity (heterosexual) can also happen because of the good religious lesson given by parents. If a child grows with the proper way and given religious education earlier, an individual will be avoided from sexual identity disorder that is homosexual/ LGBT (Yanuarti, 2019).

The normal sexual identity (heterosexual) is really needed by individual in running the life,because based on islam, every human was created in a couple. If an individual has sexual identity as homosexual, it impacts to his/her life, like being deported from community. In keeping with the study of Robers, Kemp & Truman that student who has abnormal sexual identity feel uncomfortable at school because they experienced harassment both verbal and physically (Robers, Kemp & Truman, 2013).

However, based on the result of the research, there are still students who are homosexual. The maladjustment of sexual identity (sexual orientation) showed by individual is caused by some factors. The factors that can cause and individual identifies him/herself as homosexual based on the study of Irawan entitled “I am Gay” (the background of how someone could be a gay), reveal the result that the background of it are: (1)not getting sexual satisfaction from the opposite sex, so that the person tries to be homosexual (gay), (2)experiencing abuse in childhood, so that individual feel comfortable doing it and keep on doing sex

with the same gender, and (3) not getting love from the opposite sex so that the person looks for love from the same sex (Irawan, 2015).

The normal sexual identity (heterosexual) is really needed by individual in running the life because according to Islam, every human is created in a couple. Individual who has abnormal sexual identity, like homosexual can be changed into heterosexual. This needs the role of counselor to help individual sexual orientation, like changing behavior, style, and sexual interest, because the wrong sexual identity gives bad effect to daily life.

Some ways that can be done in order that an individual has the right sexual identity (normal) can be done by giving and applying psychosocial counseling approach. As an example, research by Anwar & Wahyuni (2017) entitled "Cognitive mental application of Islam and psychosocial Islam in preventing LGBT from Islamic Teenagers in Pekanbaru", this research focuses on the activity in form of (*Cognitive behavior therapy*) aimed to increase individual knowledge about LGBT (Anwar da Wahyuni, 2017).

Besides that, so that students do not have deviation of sexual identity (homosexual) can also be solved by increasing their knowledge about the effect of Lesbian and Gay. The improvement of knowledge is able to be done by giving information about LGBT, one of them by using model *Project Citizen*, a model of learning based on portfolio to solve the life style of lesbian and gay (Sulaiman, Hasan & Maksum, 2017). This model can be applied in university counselor by utilizing counseling service.

Individual who is heterosexual, in order to stay away from deviation of sexual identity (homosexual), counselor can give preventive effort as the avoidance of LGBT. The preventive effort given is by extending counseling service by developing the purpose of life of individual based on norm and value (Ardi, Yendi & Febriani, 2018).

## Conclusion

Based on the result of the study, the tendency of students sexual identity average is in the heterosexual category, which means the students who have heterosexual identity is the normal sexual identity based on the sex they have. The individual who has the normal sexual identity (heterosexual) can be influenced by the right parenting and getting the proper religious lesson from parents and vice versa. In order that individual is avoided from the wrong sexual identity (homosexual), counselor can give preventive effort as the prevention of LGBT. The preventive effort given is by giving counseling service by developing the purpose of life from a person based on the value and norm. Meanwhile, for individual who has homosexual identity, homosexual can be applied by doing counseling approach in form of Cognitive Behavior Therapy.

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